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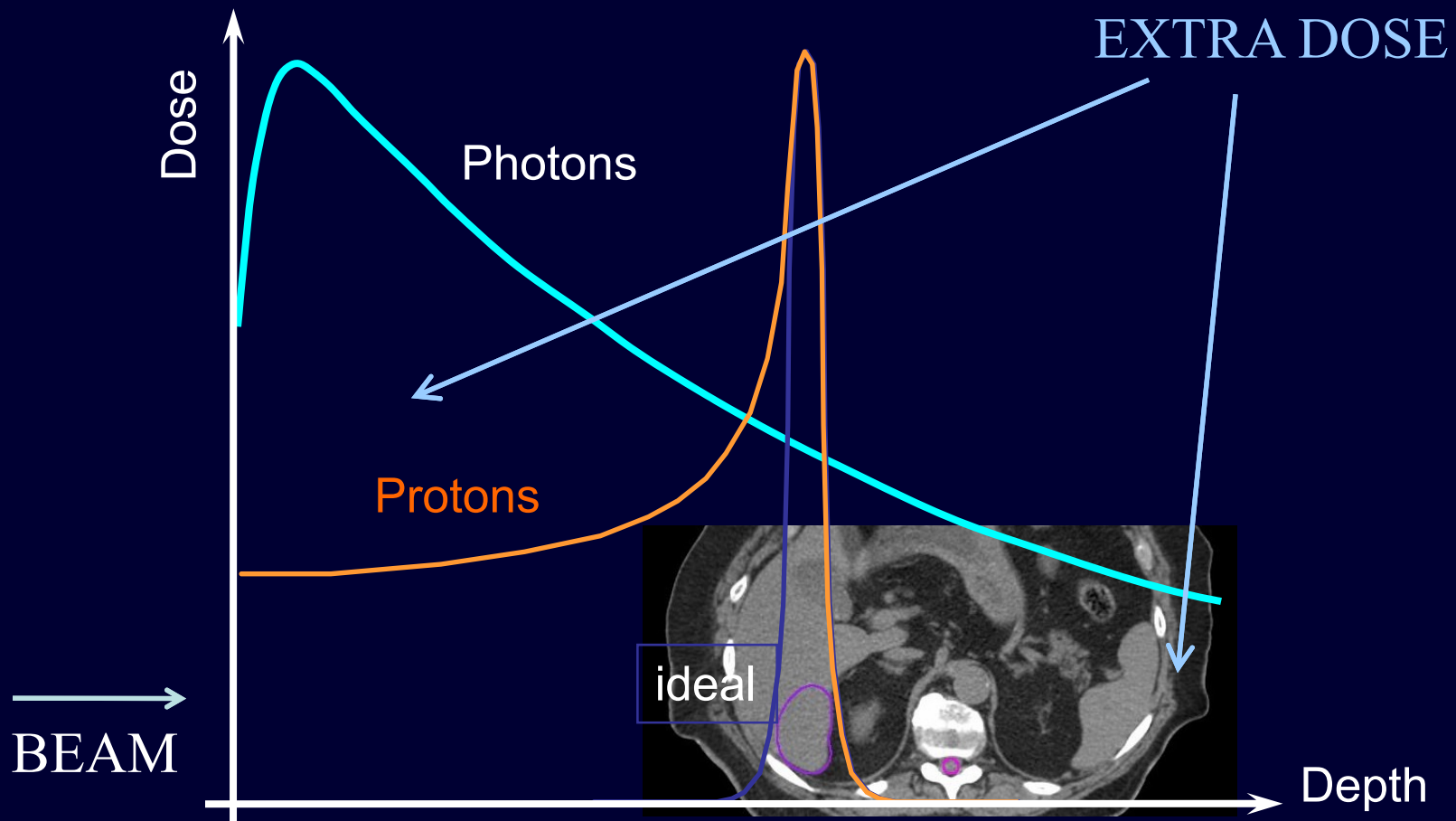


Physics of Particle Beams

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Massachusetts General Hospital
Harvard Medical School

PTCOG 54 Education Session, San Diego, 2015

External Beam Therapy



Photon vs Proton



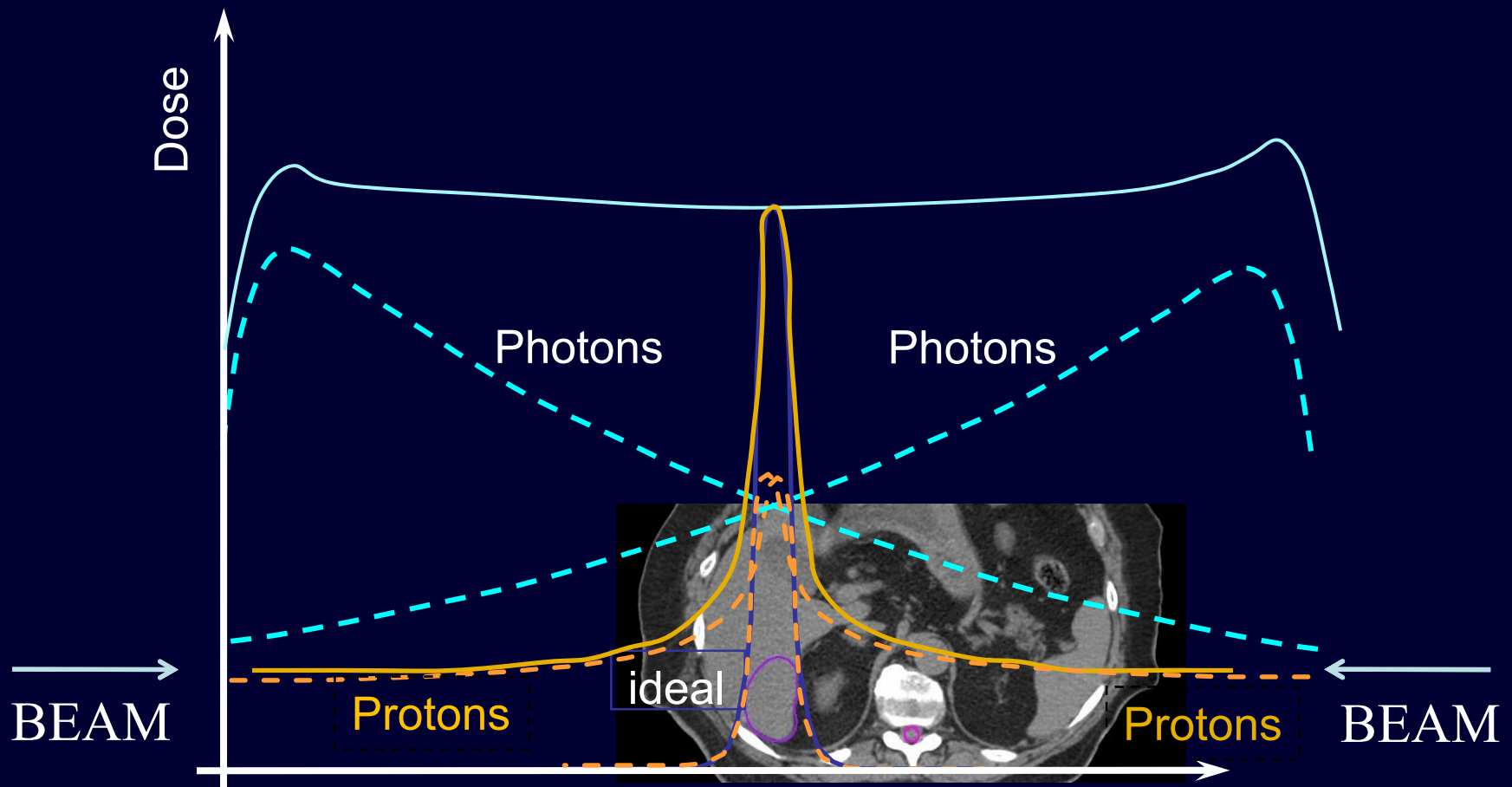
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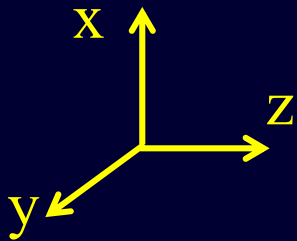
Proton Beam Advantage



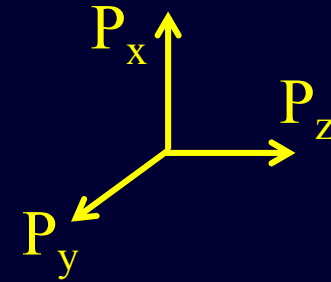
Beam for beam you can always do a better job with particles (except at the surface). *Flanz '09*



A Beam is a Bunch of Particles

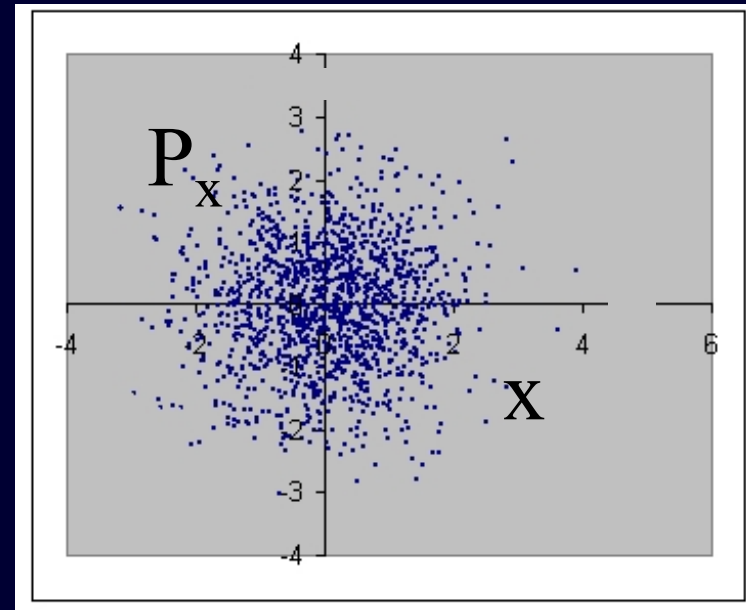


—————→
—————→
—————→
—————→
(protons, carbon ions, photons,
electrons, ...)



Phase space diagram

A beam is a collection of many particles all of whose longitudinal and transverse momentum are close enough and remain more or less close to each other.



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Particles of Interest

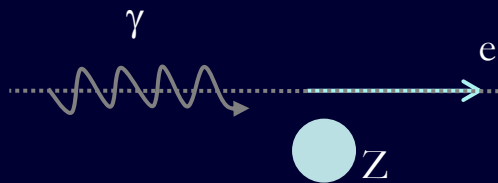
- Photons (γ , X ray)
 - Charge: 0
 - Indirect Ionization
- Electrons
 - Charge: -1
 - Direct Ionization
 - Mass: 0.512 MeV
- Protons
 - Charge: +1
 - Direct Ionization
 - Mass ~ 938 Mev ($2,000 \cdot m_e$)
- Carbon ions
 - Charge: +6
 - Direct Ionization
 - Mass $\sim 12 \cdot m_p$



Photon Interactions with Matter

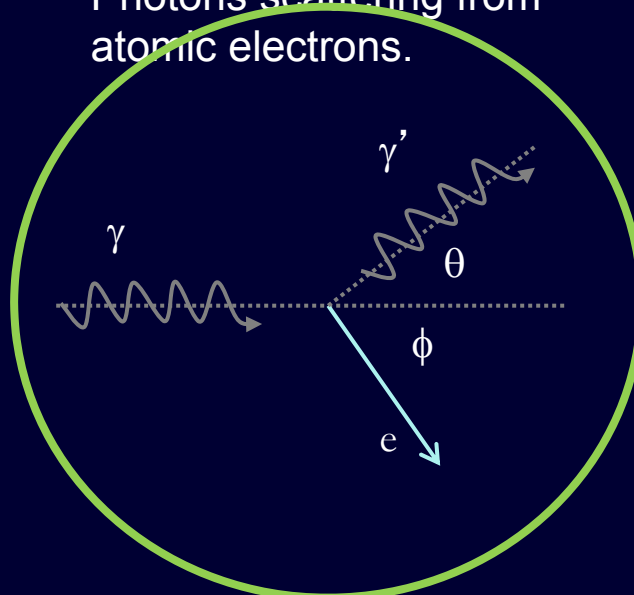
Photoelectric Effect

Photon ejects electron from an atom.



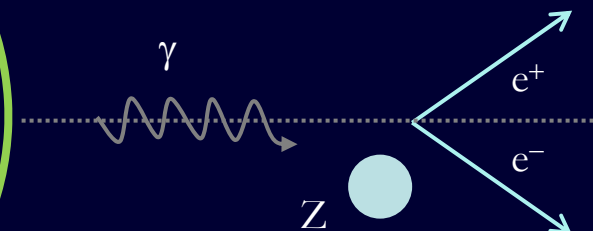
Compton Effect

Photons scattering from atomic electrons.



Pair Production

Photons above twice the electron rest mass energy can create an electron-positron pair.



Photons absorbed or scattered, out of the beam



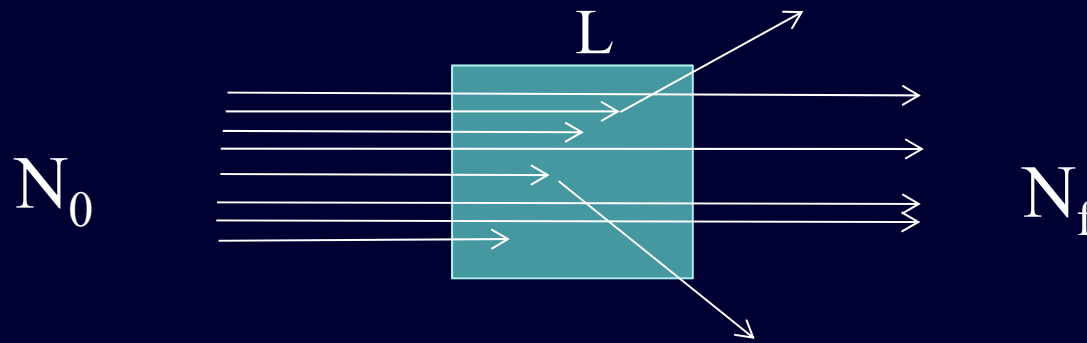
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Photons --- Attenuation

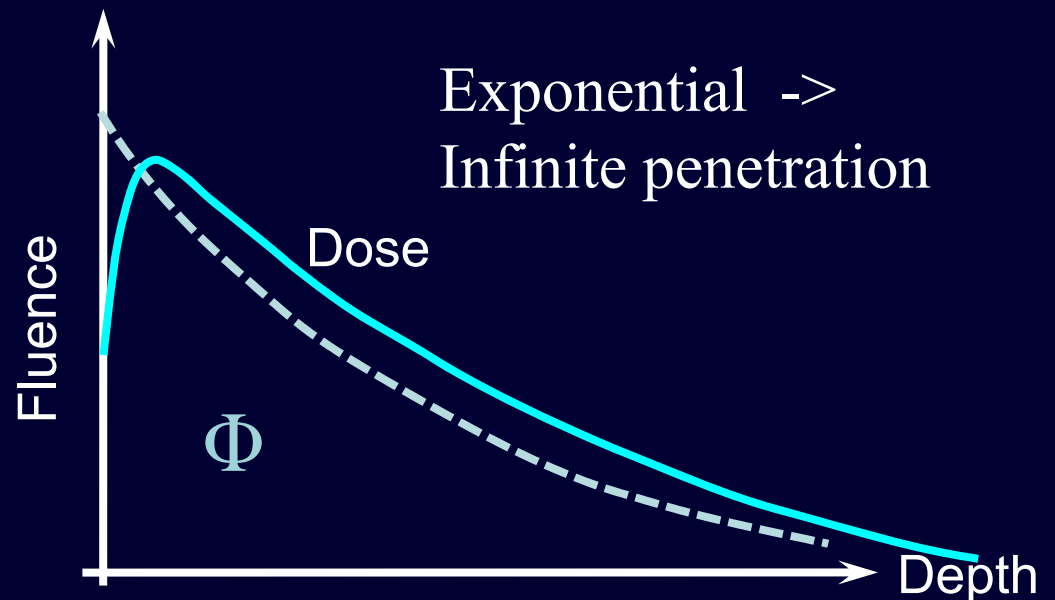


Number of photons
decreases exponentially

$$N_f = N_0 e^{-\mu L}$$

Fluence:

$$\Phi = N / A$$



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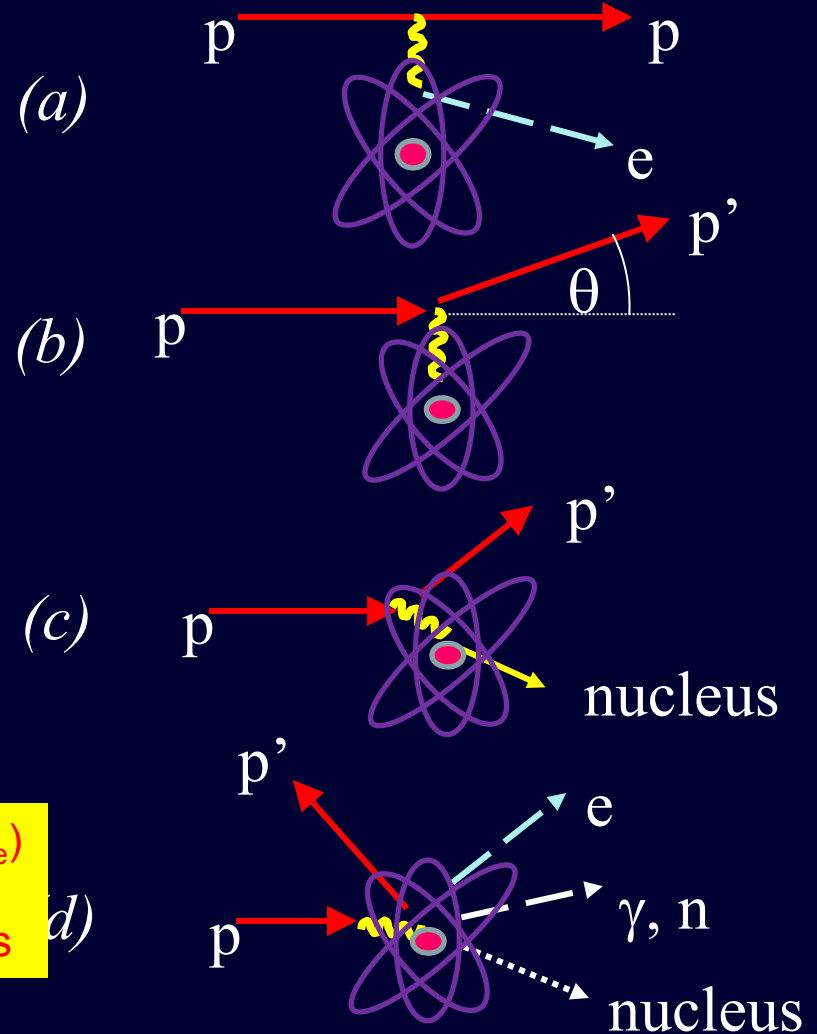


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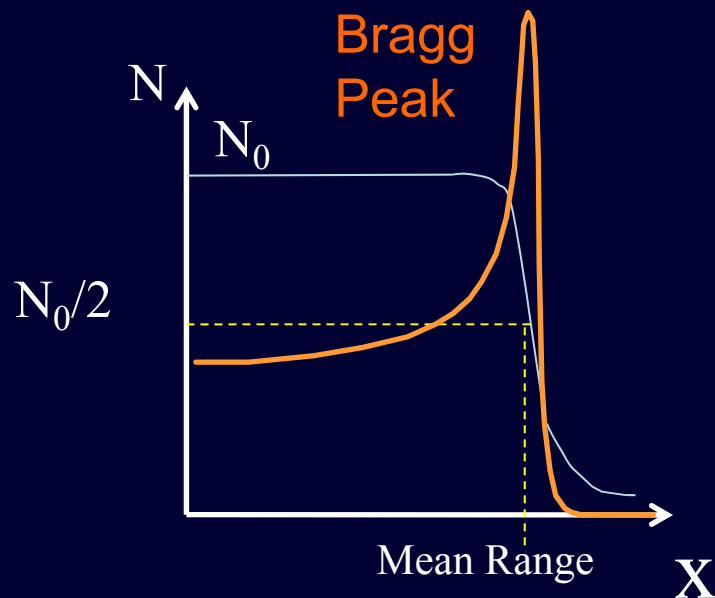
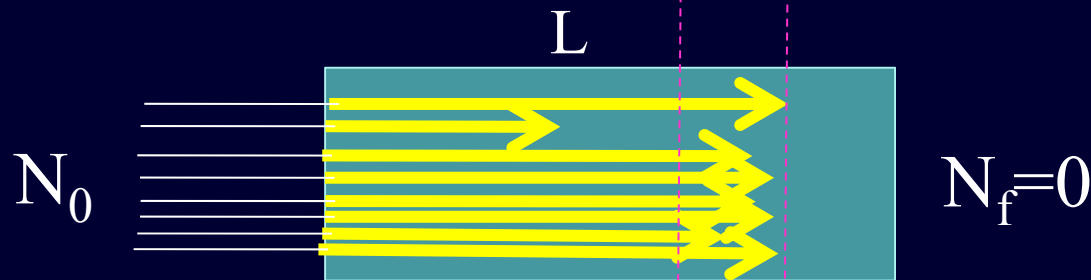
Proton Interactions with Matter

- With electrons mediated by Coulomb force (a)
 - *Excitation*
 - *Ionization*
- With nucleus mediated by Coulomb & nuclear forces (b-d)
 - *Multiple Coulomb scattering (b), small θ*
 - *Elastic nuclear collision (c), large θ* (c)
 - *Inelastic nuclear interaction (d)*

Mean electron energy E_{mean} very low ($m_p \gg m_e$)
 E_{mean} independent of proton kinetic energy
 Interaction probability higher for slower protons



Particle Beams --- No Attenuation



- A heavy charged particle endures multiple interactions through matter, but “stays” in the beam, because it is deflected only slightly.
- It loses only a small fraction of its energy in each interaction (except in “rare” nuclear interactions) until it stops, i.e., continuous slowing down.
- It deposits most energy near the end



Ionization Energy Loss

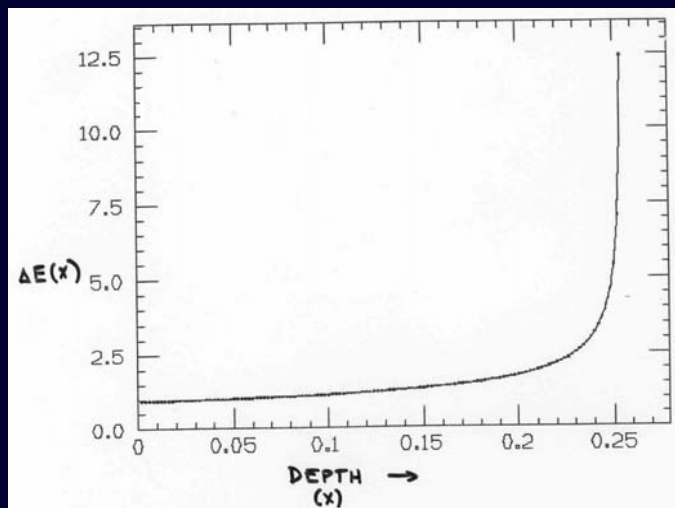
- Energy of a charged particle dissipated by ionizing collisions:
 - $E = Nw$, where:
 - N = total number of ion pairs created
 - n = specific Ionization (ion pairs/unit length)
 - w = Energy required to produce an ion pair
 - $w \sim 30-35$ eV for organic matters
 - $dE/dx = -S = -wn$, where
 - S = Stopping Power (Linear Energy Transfer, LET)
- Mass stopping power:

$$\frac{S}{\rho} \equiv - \frac{1}{\rho} \frac{dE}{dx} \quad \frac{\text{Mev}}{\text{g/cm}^2}$$

$$D = \Phi \frac{S}{\rho}$$



Dependence on Particle Charge and Velocity



- The **stopping power FOR A GIVEN MEDIUM** depends on the particle velocity and charge,
 - *Proportional to z^2*
 - *Inversely proportional to v^2*
 - Not dependent upon the Mass

Ionization Stopping Power

$$\frac{dE}{dx} = \frac{4\pi e^4}{m_e} \frac{z^2}{v^2} NZB$$

$$B = \ln(2m_0V^2) - \ln(I(1-\beta^2)) - \beta^2$$

Where:

E = instantaneous total energy of the particle

e = electron charge

m_e = electron mass

v = Particle Speed

ze = Charge of the Particle

Z = Atomic Number of the absorbing material

N = #atoms/cubic cm of the absorbing material

Ions with higher charge or lower speed lose energy faster



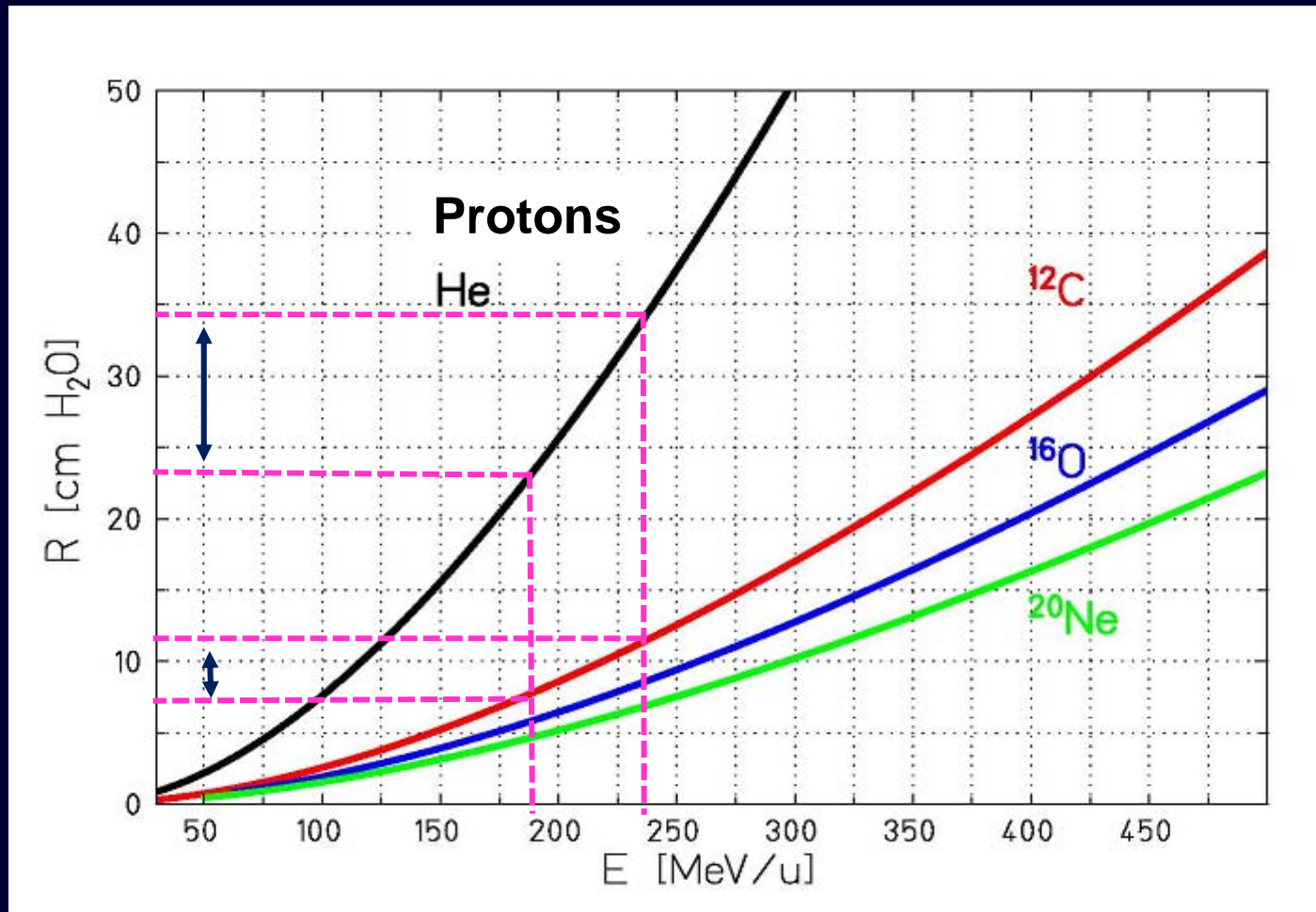
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Particle Range vs Energy



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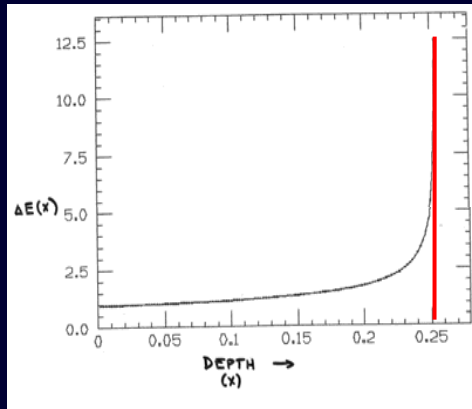


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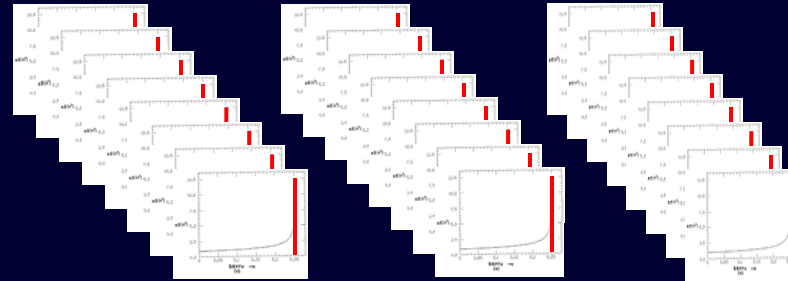
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Bragg Peak

A Single Proton

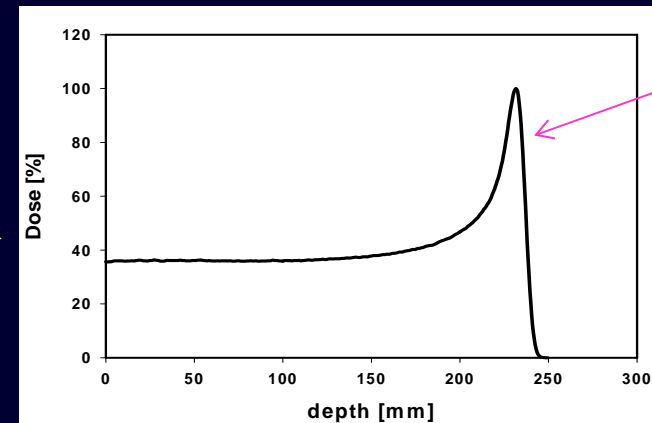
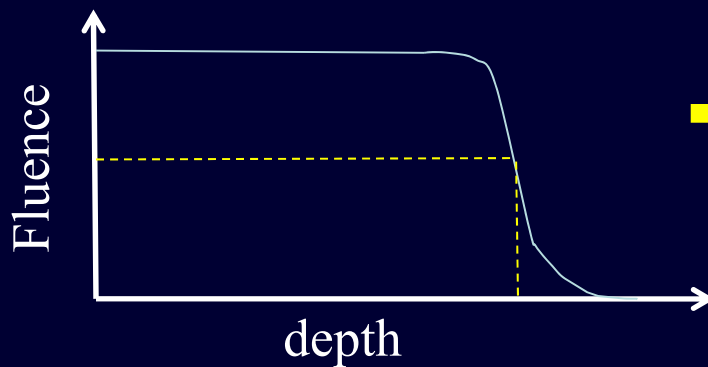


Many Protons



Each has different number of interactions
Loses different amount of energy each time

Protons stop at different depths



Total Dose Distribution in Depth



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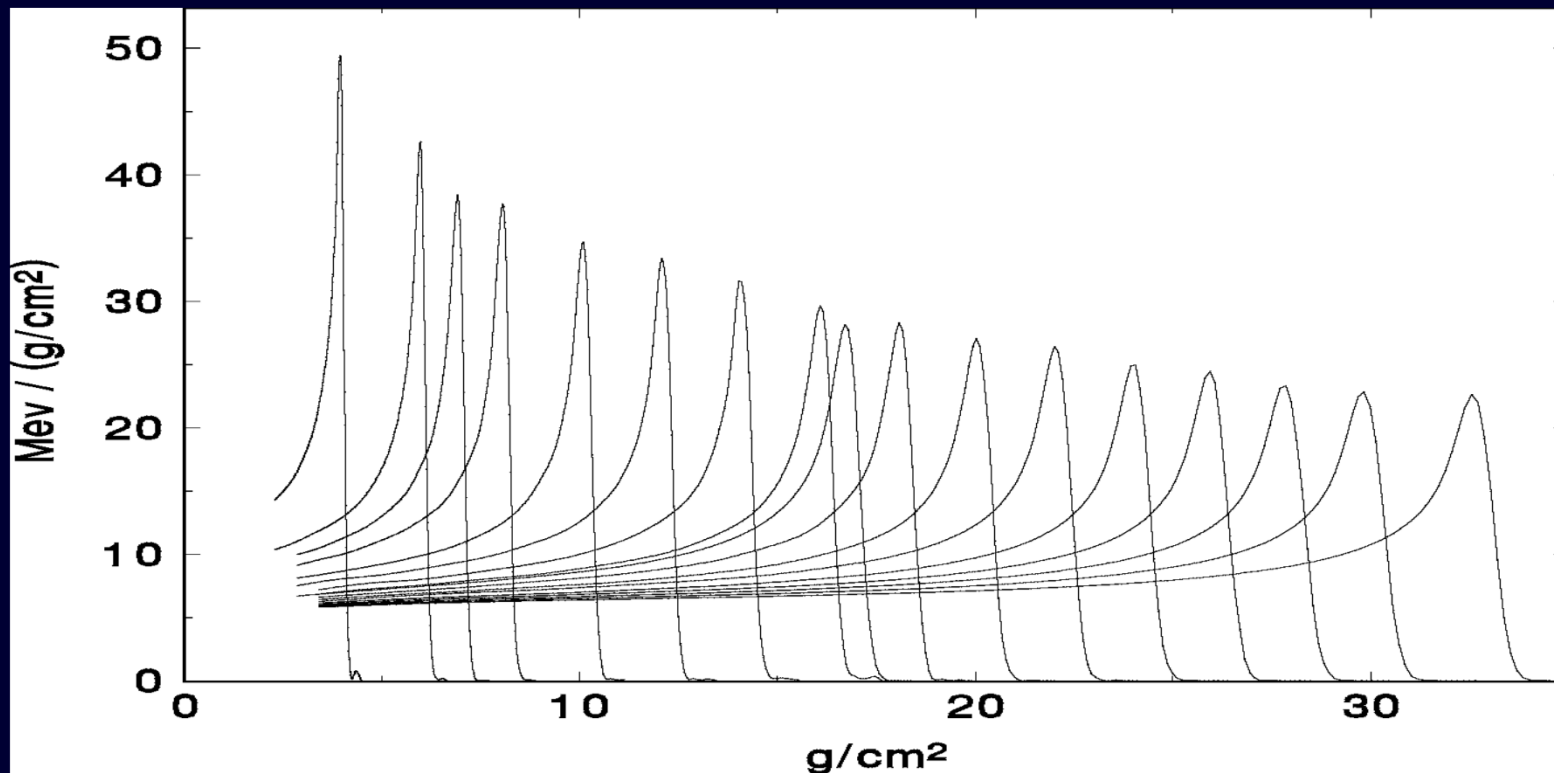
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Range Straggling

Energy spread increases with depth of penetration
Low energy beams have narrower Bragg peaks



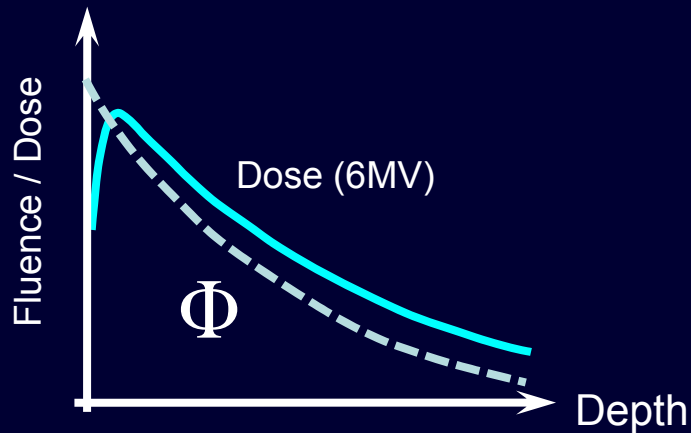
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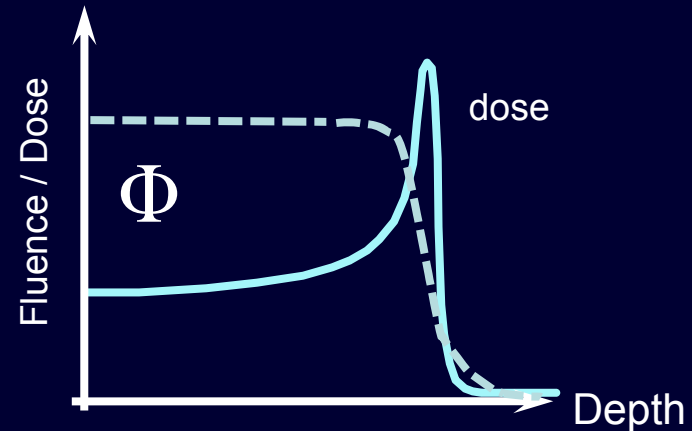
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Dependence on Depth



Photons:

- Attenuation, fluence decreasing
- No substantial change in photon energy spectrum
- No change in electron energy spectrum from Compton scattering
- No change in ratio between biological dose and physical dose
- Compton electron energies mostly high \rightarrow dose buildup near surface



Particles:

- No attenuation, fluence stays constant except near the end
- Particles lose energy gradually
- Energy loss per ion pair stays same
- Ion pairs per unit length increases
- Increase in LET, and possibly in ratio between biological dose and physics dose, i.e., increase in RBE
- Electron energy low \rightarrow no buildup



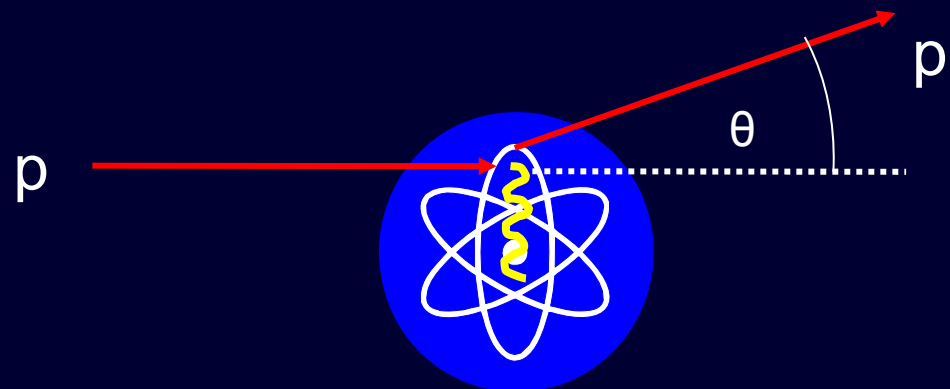
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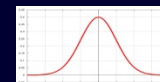
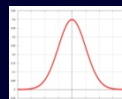
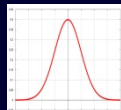
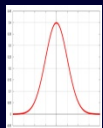


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Multiple Coulomb Scattering



- Protons are deflected in the electric field of the nuclei.
- In general, multiple deflections will occur for each proton
- Play key role in determining lateral dose distribution



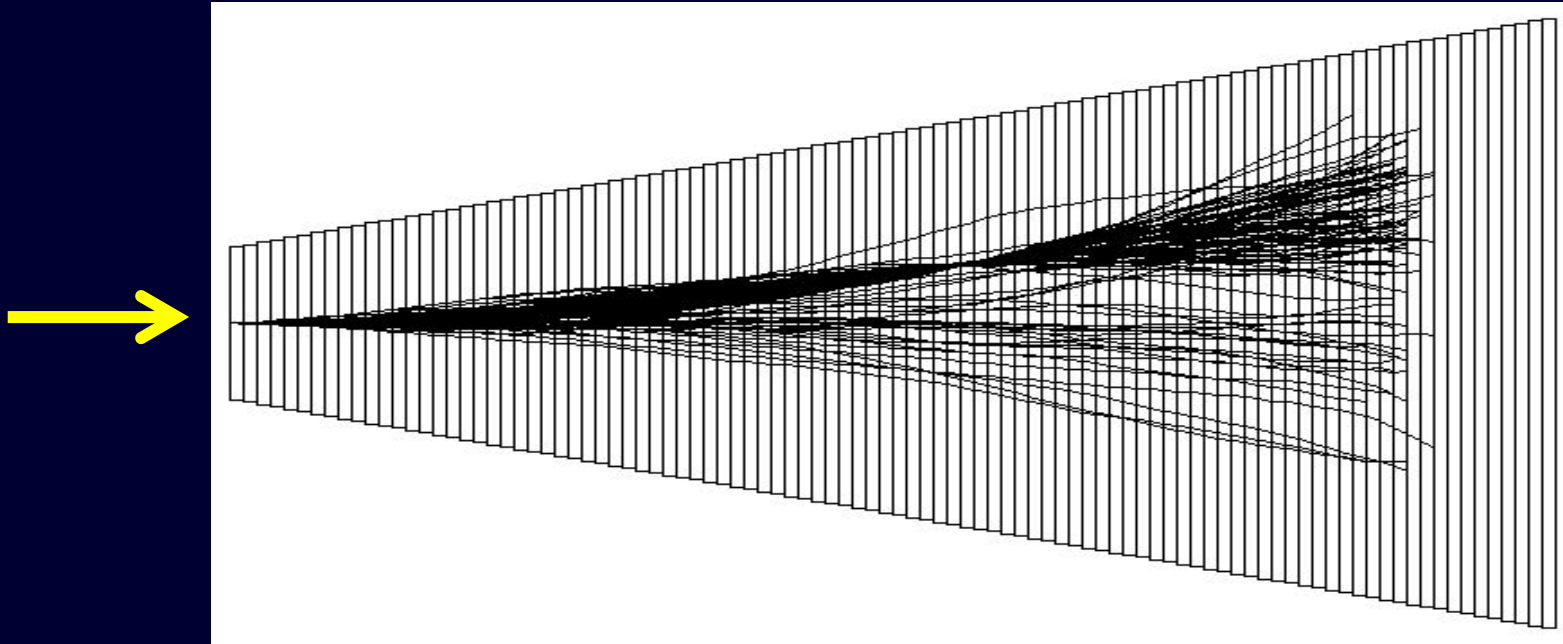
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MCS Simulated



Mono-energetic incident protons
(Transverse scale greatly exaggerated)

Adapted from Gottschalk



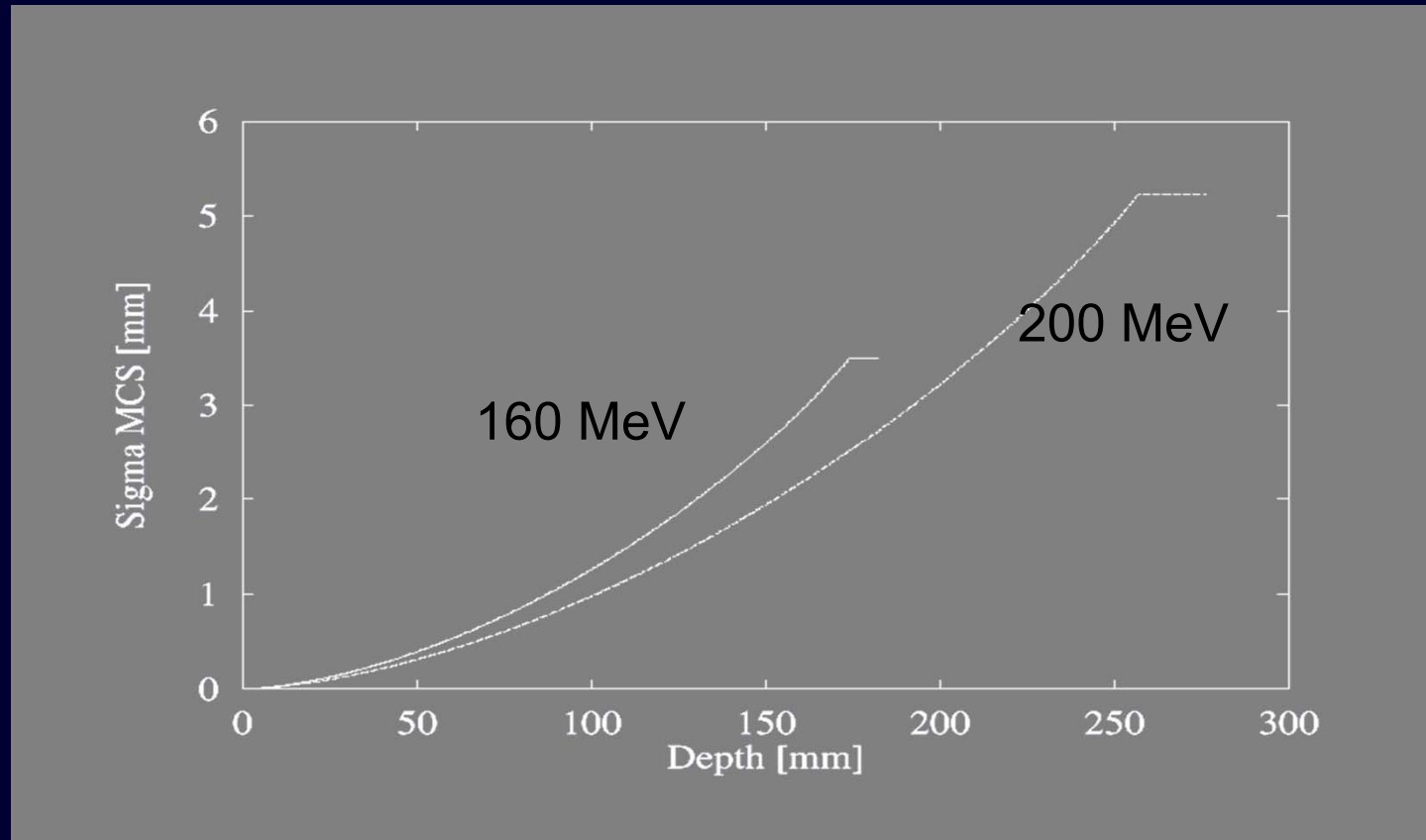
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MCS Dependence on Beam Energy



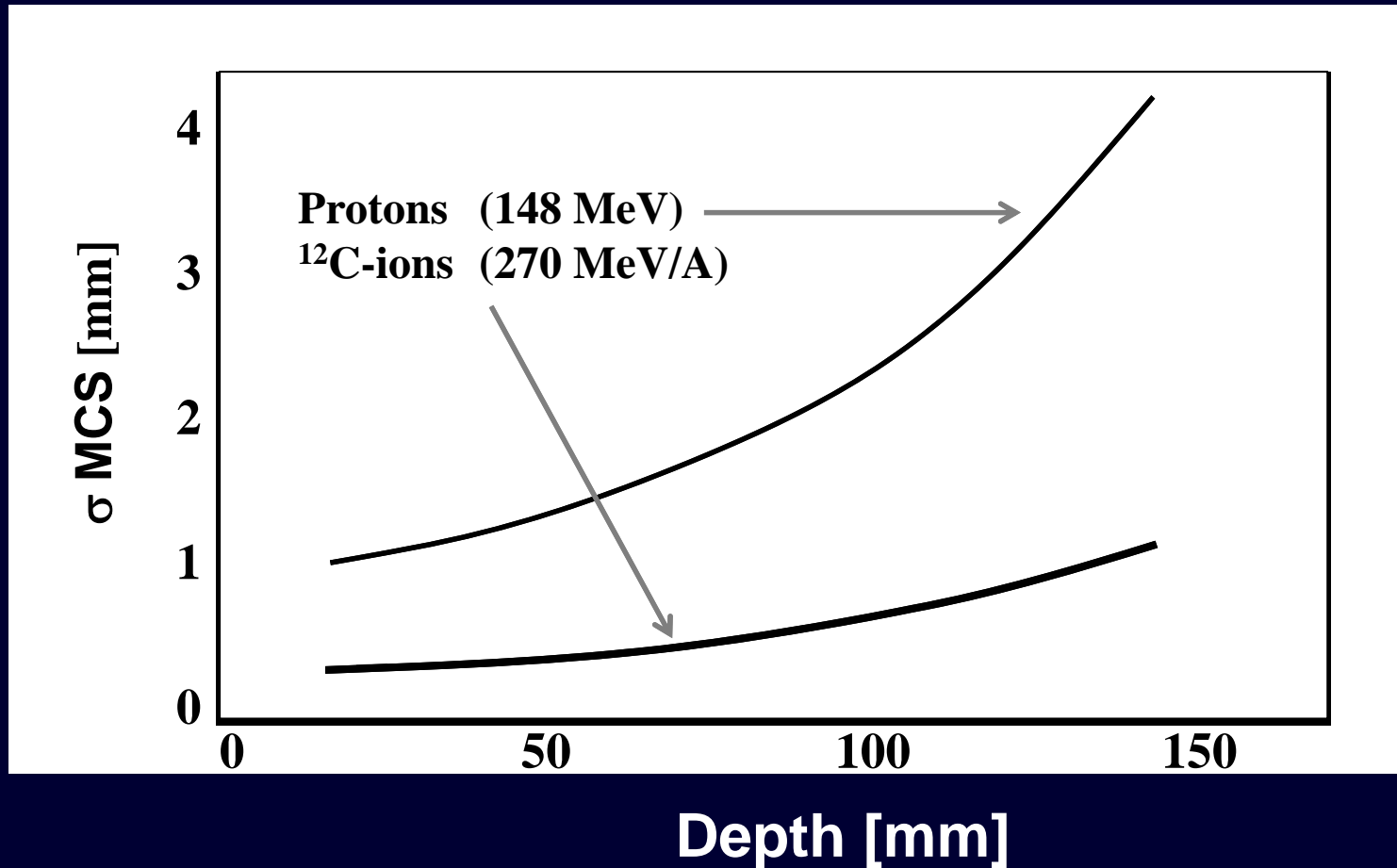
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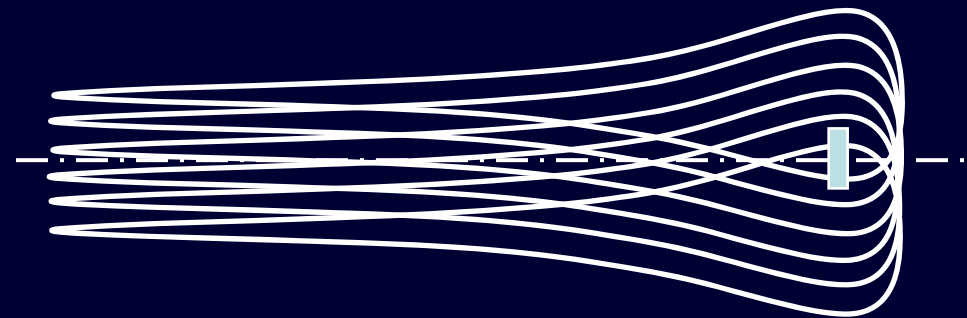
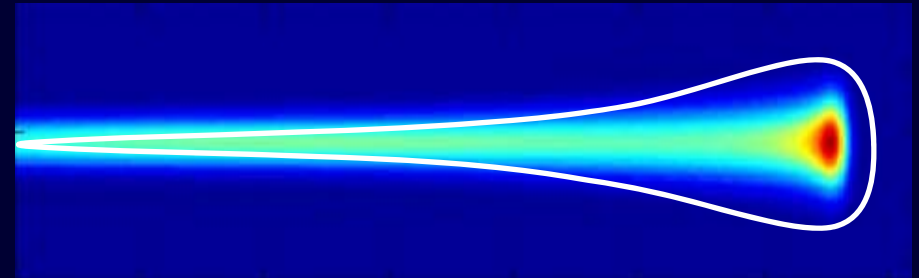
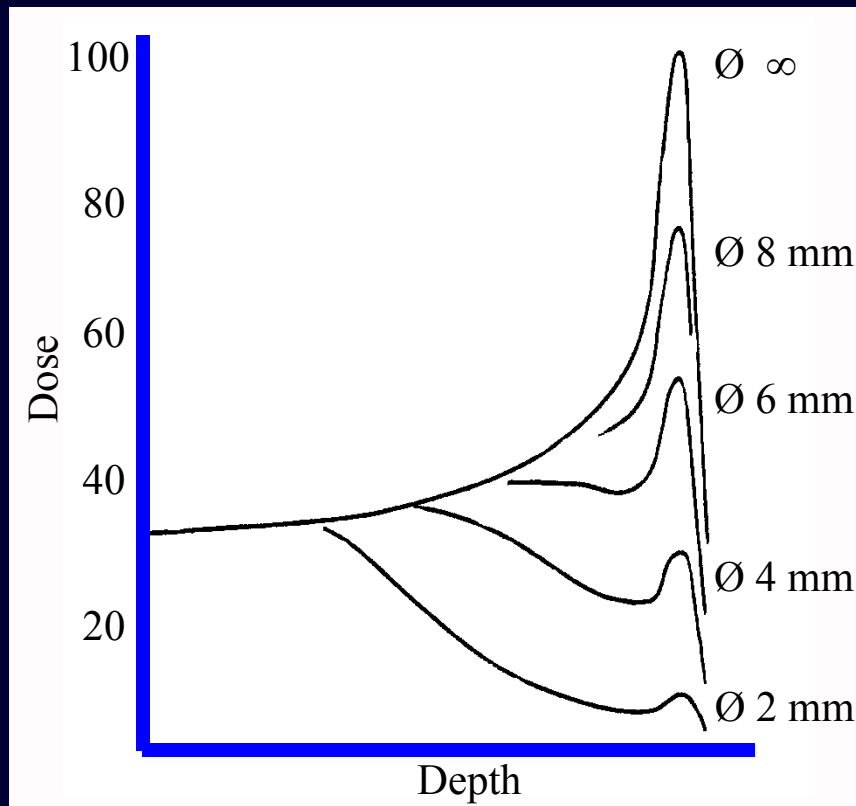


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MCS Dependent on Particle Mass



The Loss of Bragg Peak



Adapted from Gottschalk



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Lateral Penumbra Changes in Depth

Photons:

- Some photons interact with electrons by Compton scattering
- Scattered photons get out of beam
- Remaining photons have almost same energy spectrum
- No change over depth in the energy and momentum distribution of the electrons from Compton scattering
- Therefore no change in lateral buildup situation in terms of dose
- Intrinsic penumbra unchanged
- Penumbra changes in depth mainly affected by source size and location.

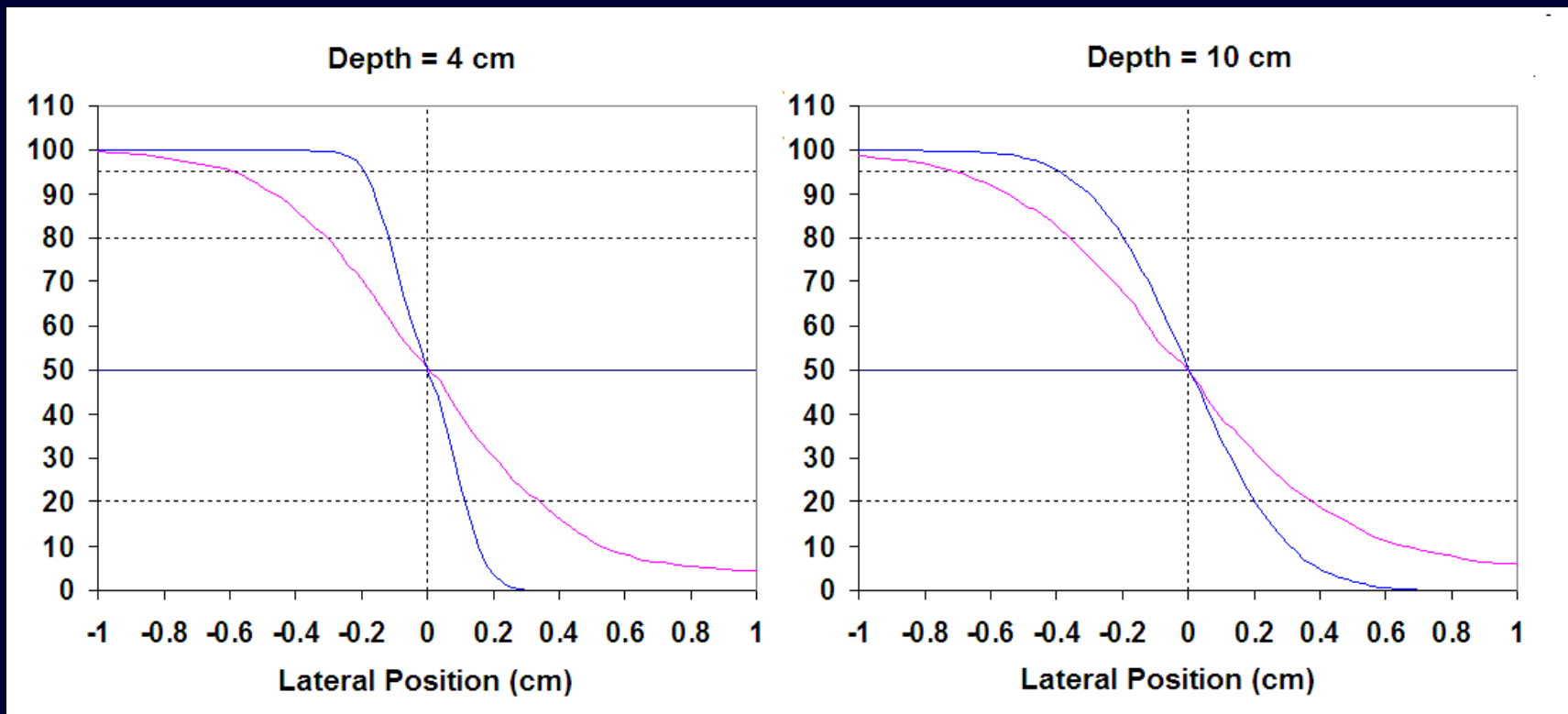
Particles:

- Particles experiences MCS
- Each time deflected by a small angle, but the particle stays in the beam
- Effect of deflection accumulates.
- Particles spread out laterally. Gaussian flattens out
- Beam penumbra increases
- At the same time, particle energy decreases and deflection angle increases for each interaction.
- Beam penumbra increases faster near the end of beam range.



Lateral Penumbra Comparison

Photon (6 MV) vs Proton (Range 14 / Mod 10 cm)



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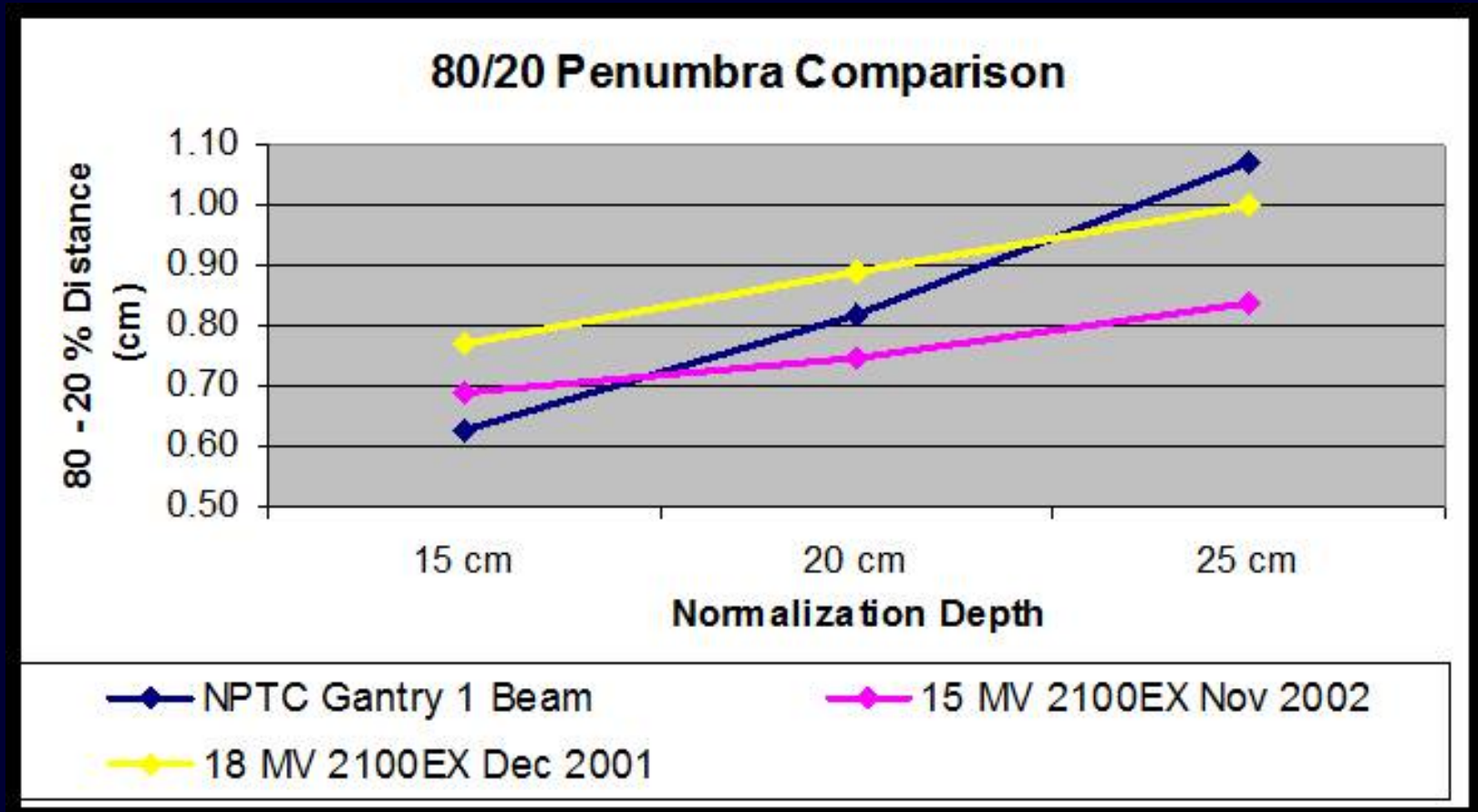
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Proton Penumbra Advantage

- Up to 18 cm ...



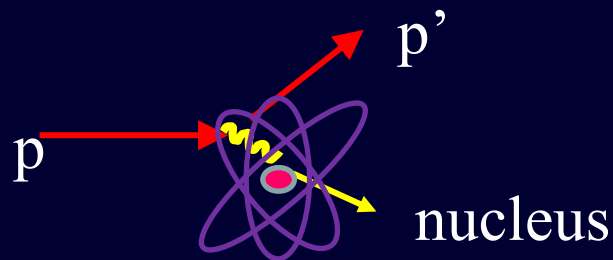
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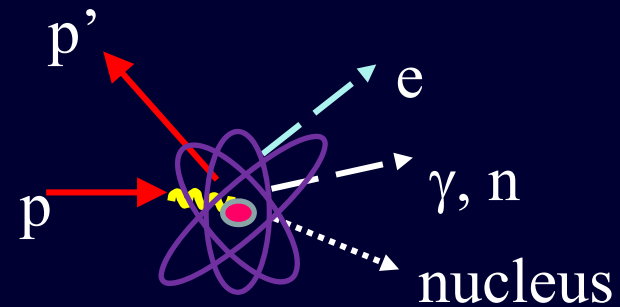


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Nuclear interactions of protons



Elastic collision (large θ)



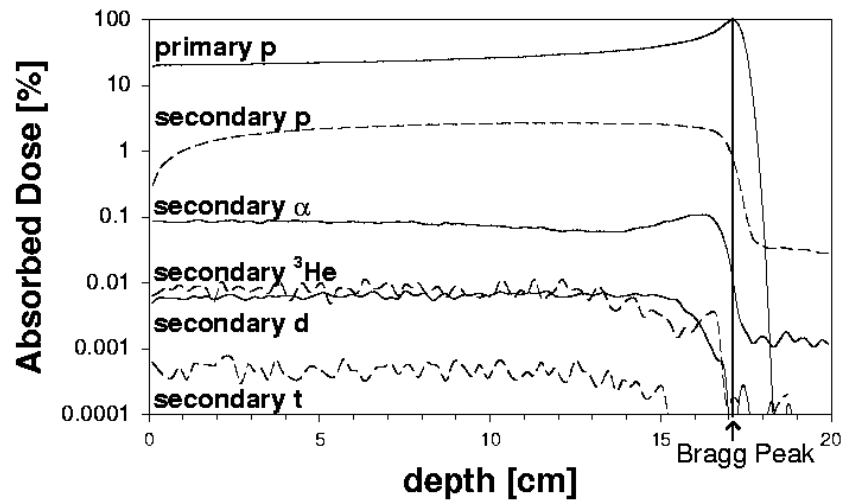
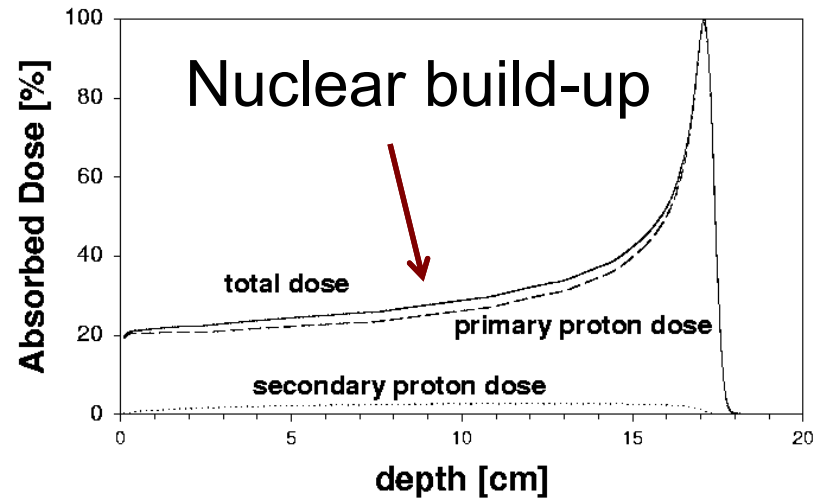
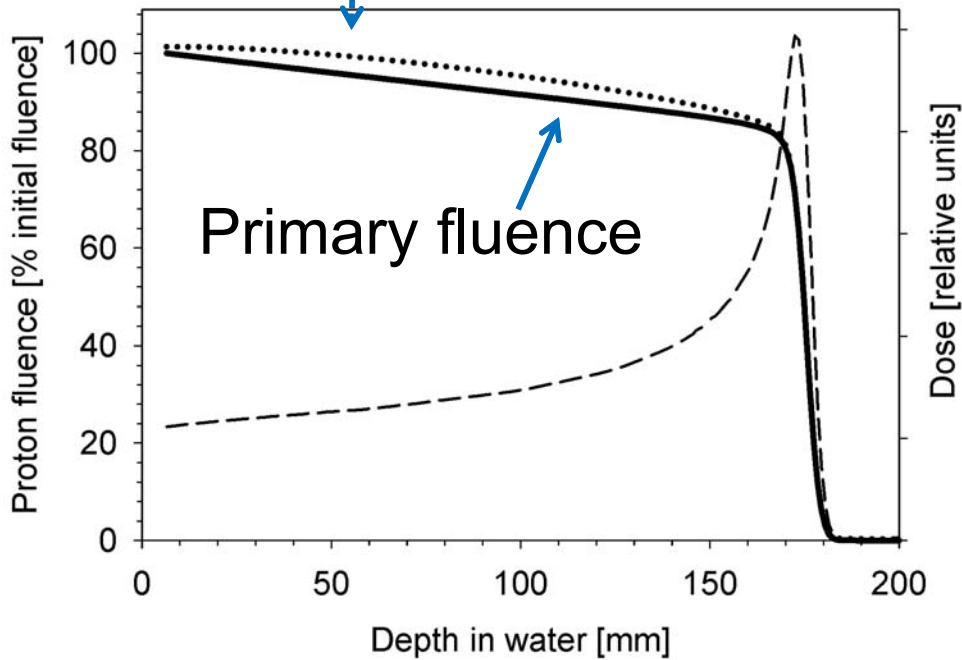
Nuclear interaction

- A certain fraction of protons have nuclear interactions in tissue (about 1% of all protons per cm of penetration)
- Mostly with oxygen and carbon nucleus
- Nuclear interactions cause a decrease in primary proton fluence
- Nuclear interactions lead to secondary particles and thus to local and non-local dose deposition (neutrons!)
- The dose from nuclear interactions is negligible in the Bragg peak



Dose by Nuclear Interactions

Total fluence



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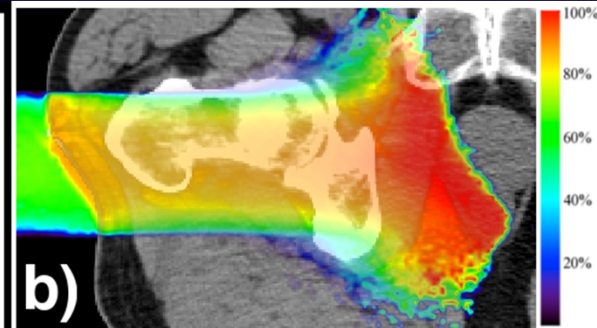
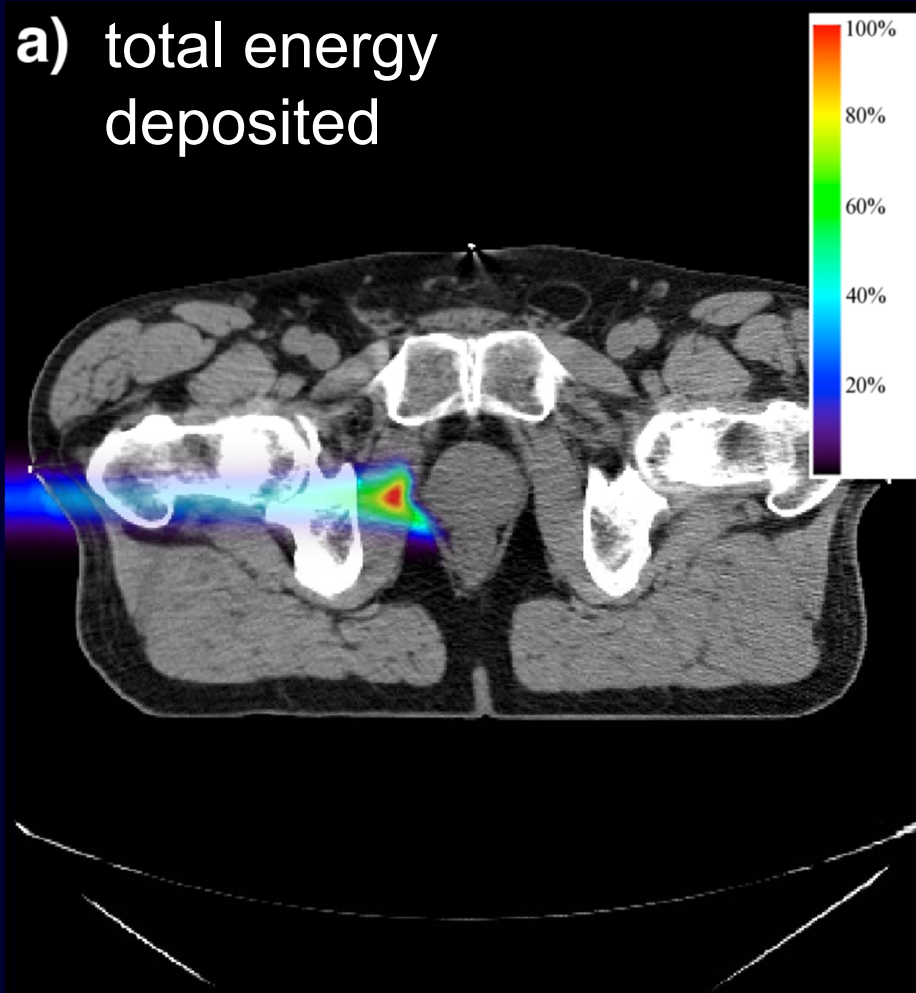


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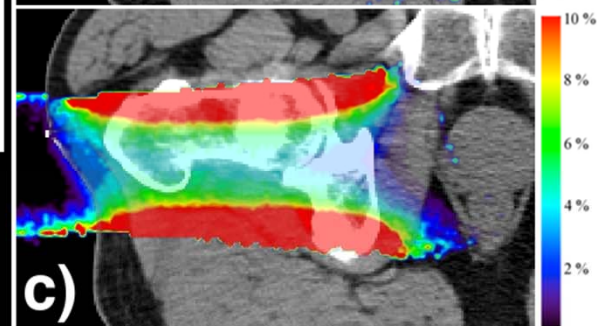
Spatial Distribution

Contribution in %

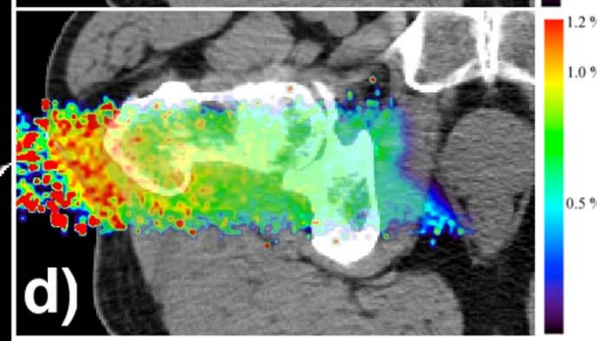
a) total energy deposited



primary protons



secondary protons



alphas & recoils



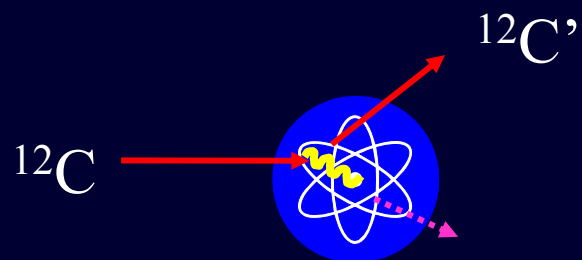
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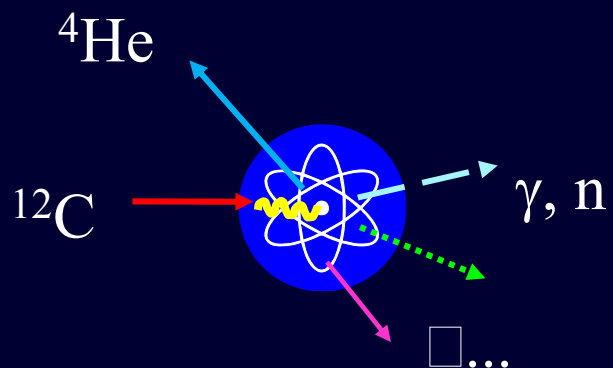


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Nuclear interactions of heavy ions



Elastic nuclear collision (large θ)



Nuclear interaction (fragmentation)



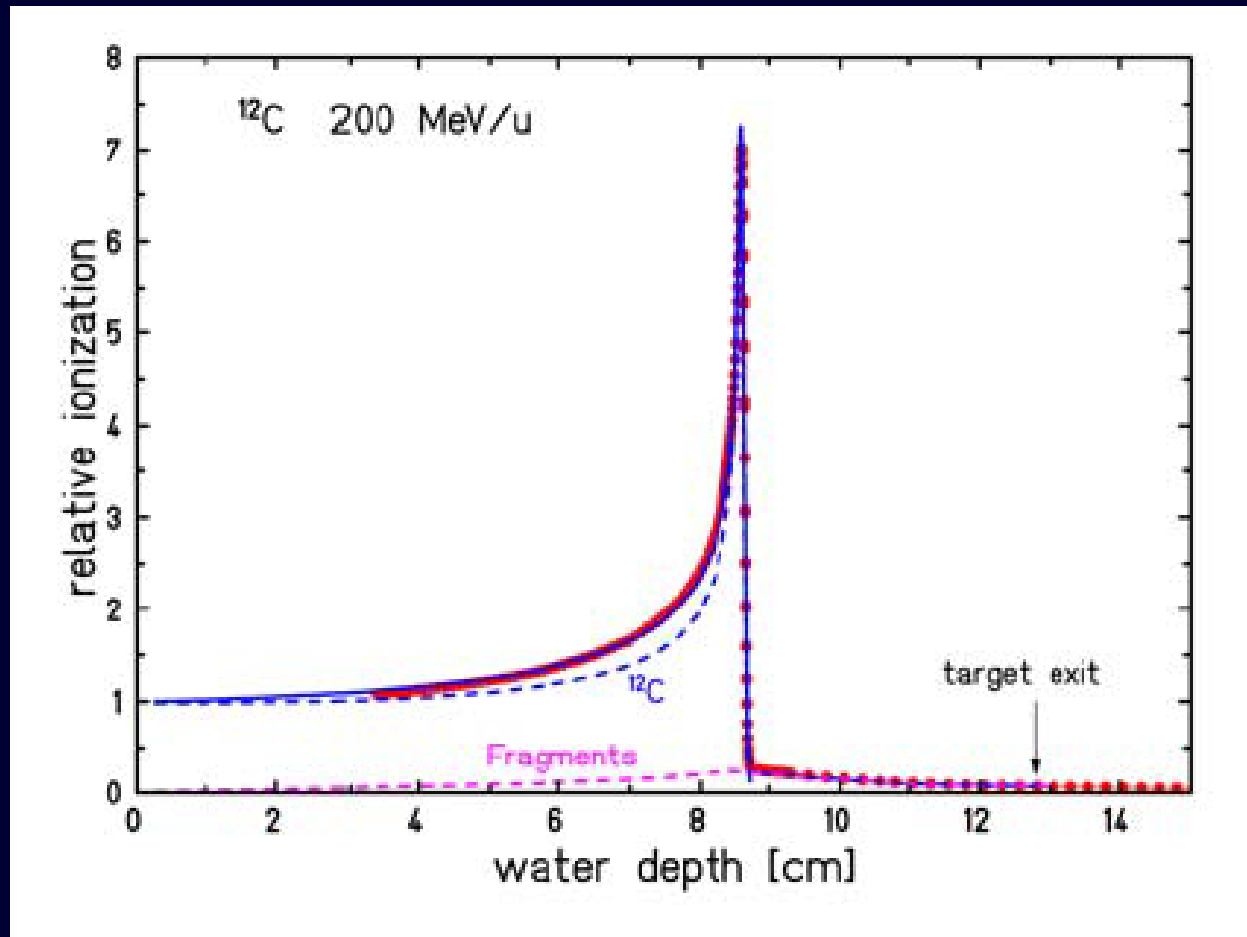
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Dose Contribution from Fragmentation



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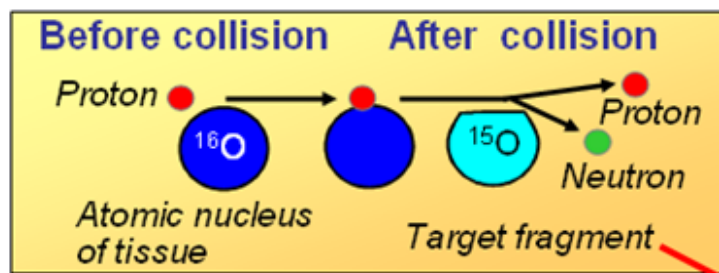
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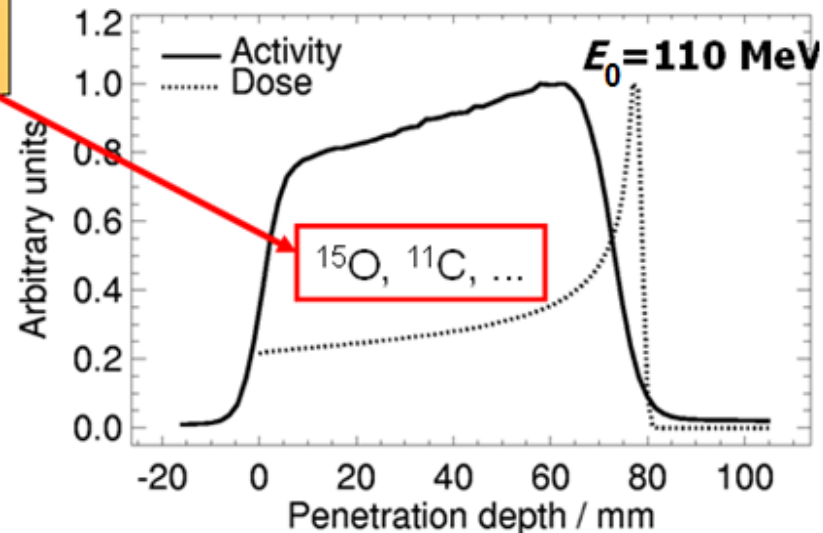
In-vivo Dose Verification with PET

- Protons and heavy ions cause nuclear fragmentation reactions
- Products include positron emitting isotopes (^{15}O , ^{11}C)
- PET scan measures distribution of activities
- Activity distribution related to dose distribution



Dose
proportionality:
 $A(\mathbf{r}) \neq D(\mathbf{r})$

Mainly ^{11}C ($T_{1/2} = 20.3$ min)
and ^{15}O ($T_{1/2} = 121.8$ s)



Take Home Messages

- Heavy charged particles interact with matter very differently from photons
- The unique characteristics of the ionization process create the Bragg peak dose distribution
- Particle beams offer potential variation of biological effectiveness in depth (LET increase)
- Multiple Coulomb scattering causes broader lateral beam penumbra at deeper depth
- Heavy charge particles cause inelastic nuclear interactions and produce neutrons



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