

# Pediatrics -Proton Beam Therapy in Children -

**Beate Timmermann, M.D.**

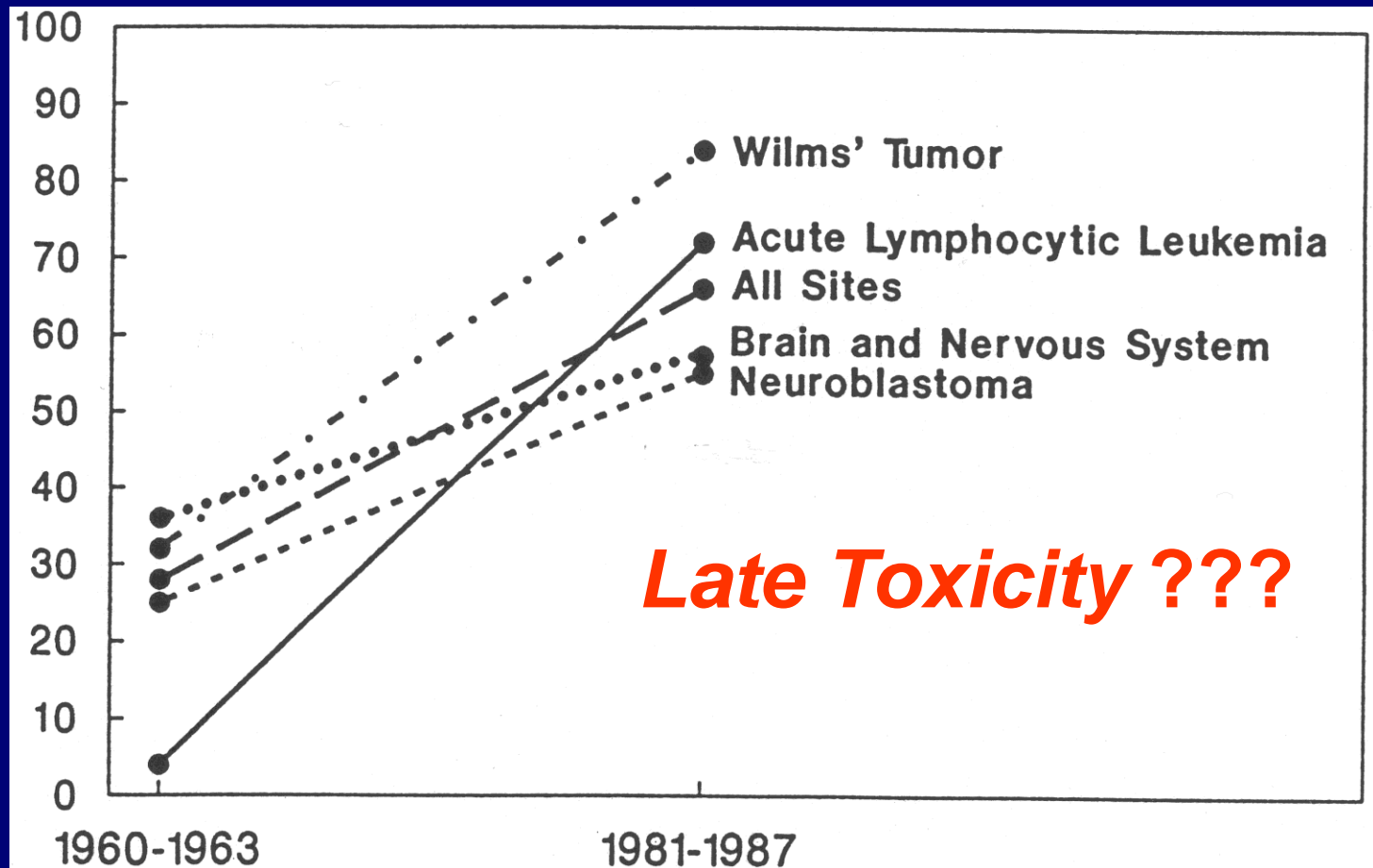
*West German Proton Therapy Centre Essen  
Germany*



# Preview

- Survival – Toxicity
- Why protons ? (theoretically)
- Experiences so far (clinically)
- A Case Study – PT means more than physics
- Conclusions and Outlook

# Survival



# Price of Survival

## Including:

- Neurological Deficits
- Growth Retardation
- Endocrinology Dysbalance
- Psycho-social Impairment
- Mental Retardation
- Secondary Cancer etc.

## Depending on:

- Age at Diagnosis
- Tumor
- Dose and Volume of RT
- Surgeries
- Chemotherapy etc.

*Risk of  
selected severe (62% total; 25% > 3 issues) or life  
threatening (25%)  
health conditions among childhood cancer  
survivors compared to their sibling*

Condition

- **RT should be as  
intensive as necessary  
and as safe as possible**

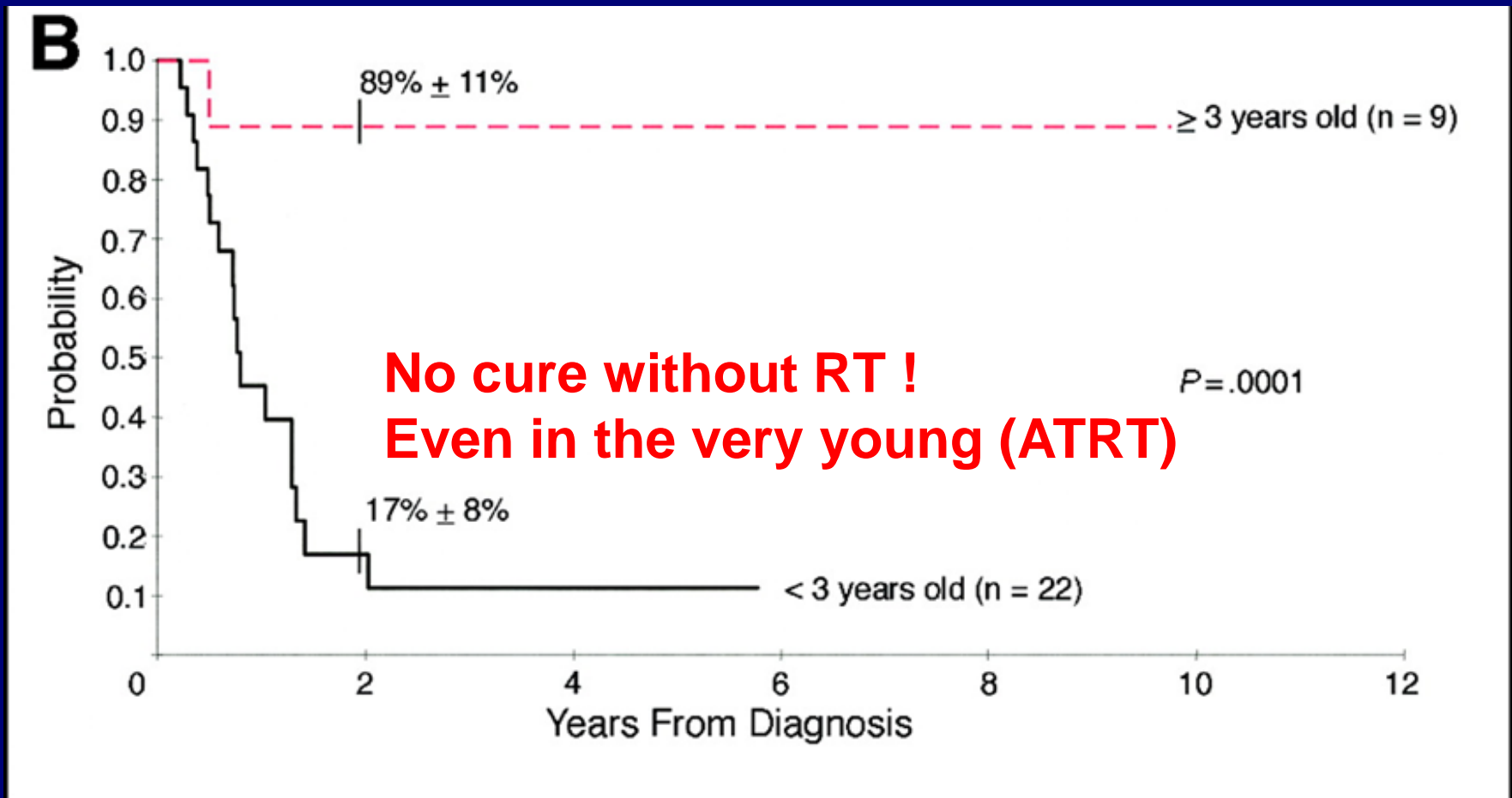
*Oeffinger et al. (MSKCC).  
NEJM 355(15):1572-82; 2006:*

Renal failure or dialysis

Hearing loss not corrected by aid

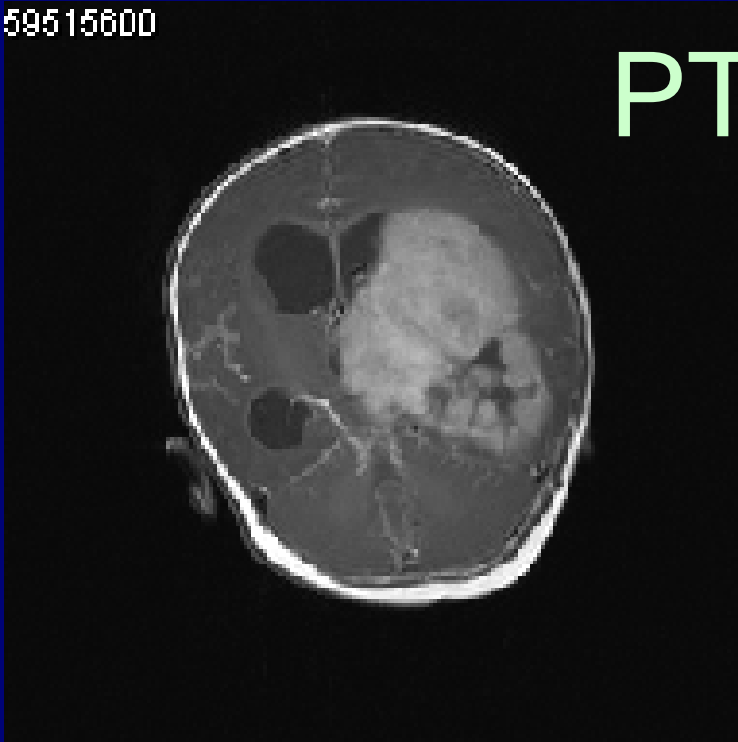
Legally blind or loss of an eye

Ovarian failure‡



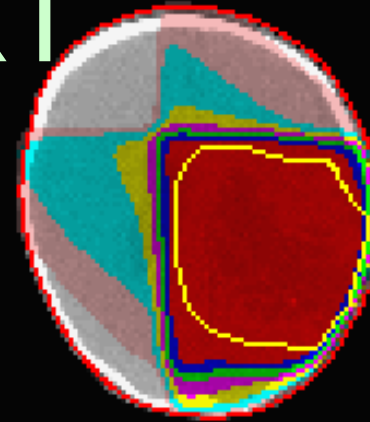
# Why Protons?

59515600



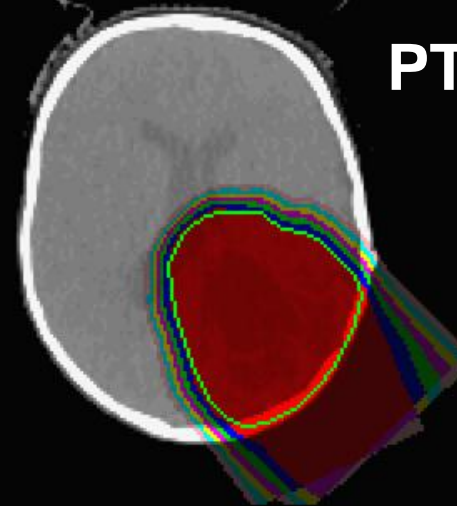
PT - XRT

XRT



PAUL SCHERRER INSTITUT  
PSI

PT



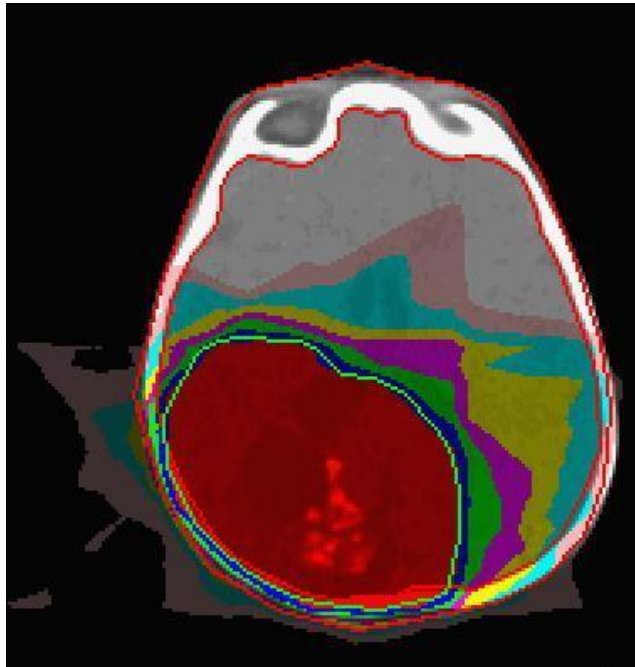
**Choroid-Plexus Carcinoma**

**2 year old girl**



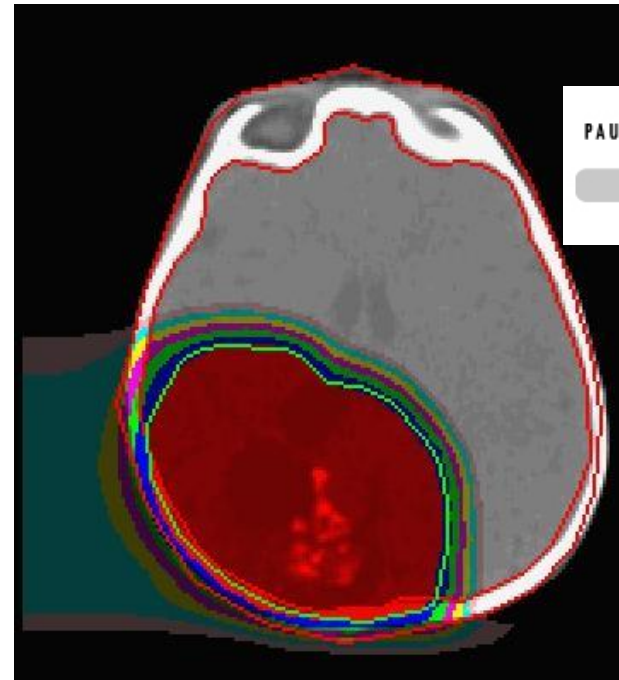
# Modern Photon vs. Proton Therapy

Photons, IMRT



7 Fields

Protons



2 Fields

# Clinical Experiences

# Evidence PT

Kulthau, 2012	QoL	N=142	-36 mo	prospective
Hattagandi, 2011				
Yasuda, 2011				
Chields, 2011				
McDonald, 2011				
Rombi, 2011				
Möller, 2011				
Cotter, 2010				
Chan, 2010				
Winkfield, 2010				
Habrand, 2010				
McDonald, 2009				
Rutz, 2007				
Timmermann, 2007				
Timmermann, 2007				
Luu, 2006				
Noel, 2003				
Hug, 2002				
Hug, 2002				
Habrand, 1999				
McAllister, 1997	CNS	N=28	25 mo	retro
Benk, 1995	CH	N=18	72 mo	retro

	Tumour	Reports, n	Patients, n	FUs (months)
	CH/CS	5		
	CNS	9		
	RMS	5		
	Others	3		
	<b>1995-2012</b>	<b>22 total</b>	<b>560 total</b>	
		4 prospective	22.3 mean	<b>35.9 mean</b>

# Patients treated with particles

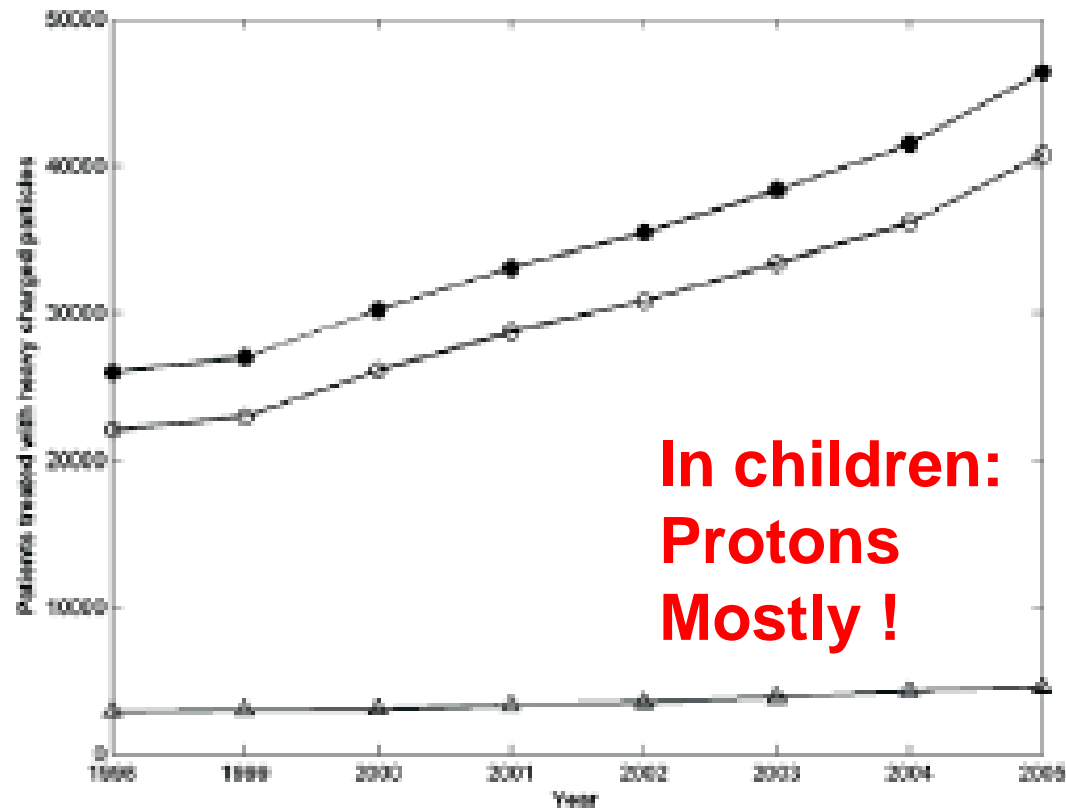


Figure 2. The total number of patients treated with heavy charged particles. (Total number treated ●, protons ○, other heavy charged particles △).

# Evidence IMRT

Panandiker, 2012	neuroblastoma	N=20	FU 24.5 mo	retro
	<b>Tumour</b>	<b>Reports, n</b>	<b>Patient, n</b>	<b>FUs (months)</b>
Paulino,				
Weber, 2	CH/CS	0		
Paulino,				
Sterzing	CNS	7		
Penagar				
	RMS	4		
Curtis, 2				
McDona	Others	3		
Laskar, 1				
Jain, 200				
Schröde		<b>13 total</b>	<b>354 total</b>	
Combs,		1 prospective	25.3 mean	<b>34.8 mean</b>
Wolden,				
Huang, 2002	Medullo	N=15	FU 18 Mo	Retro

## **17** Comparative Analysis of Second Malignancy Risk in Patients Treated with Proton Therapy versus Conventional Photon Therapy

C. S. Chung<sup>1</sup>, N. Keating<sup>2</sup>, T. Yock<sup>3</sup>, N. Tarbell<sup>3</sup>

<sup>1</sup>Harvard Radiation Oncology Program, Boston, MA, <sup>2</sup>Harvard Medical School, Boston, MA, <sup>3</sup>Massachusetts General Hospital, Boston, MA

**Background:** Compared to photon radiation, proton radiation improves dose distribution to the target and decreases dose to adjacent normal tissues. The most common method of delivering proton radiation involves passive scattering. However, passive scattering produces secondary low-dose neutrons, which may induce late radiation-induced malignancies. The magnitude of second cancer risk in patients treated with proton radiation compared to photon radiation therapy has not been reported to date.

**Purpose/Objective(s):** To quantify the risk of a second malignancy associated with the use of proton radiation therapy compared to photon radiation therapy.

**Materials/Methods:** Matched retrospective cohort study of 1,450 patients treated with proton radiation therapy from 1974-2001 at the Harvard Cyclotron in Cambridge, MA, and patients treated with photon therapy in the Surveillance, Epidemiology, and End Results (SEER) cancer registry. We matched patients by age at radiation treatment, year of treatment, cancer histology, and site of treatment. We restricted the study to patients with  $\geq 1$  year of follow-up. The primary endpoint was the risk of a second malignancy in any site after radiation therapy.

**Results:** We matched 503 Harvard Cyclotron proton patients with 1591 photon patients from the SEER registry. 6.4% of proton patients (32 patients) developed a second malignancy, while 12.8% of photon patients (203 patients) developed a second malignancy. The median duration of follow-up was 7.7 years in the proton cohort and 6.1 years in the photon cohort. The median age at treatment was 56 years in the proton cohort and 59 years in the photon cohort. After adjusting for gender and the age at treatment, treatment with photon therapy was significantly associated with an increased risk of a second malignancy (Adjusted Hazard Ratio 2.73, 95% CI 1.87 to 3.98,  $p < 0.0001$ ).

**Conclusion:** The results of our preliminary analysis indicate that the use of proton radiation therapy is associated with a significantly lower risk of a second malignancy compared to photon radiation therapy. Additional analyses are required, and ongoing close surveillance of these patients is necessary, given the prolonged latency period for the development of second cancers.

**Author Disclosure:** C.S. Chung, None; N. Keating, None; T. Yock, None; N. Tarbell, None.

# NEUROBEHAVIORAL FUNCTIONING IN PEDIATRIC BRAIN TUMOR PATIENTS AFTER PROTON BEAM RADIATION TREATMENT

Margaret Pulsifer<sup>1</sup>, Irene Delgado<sup>1</sup>, Nancy Tarbell<sup>2</sup>, Karen Kuhlthau<sup>3</sup>, Shannon MacDonald<sup>2</sup>, Torunn Yock<sup>2</sup>

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<sup>3</sup>Massachusetts General Hospital, Pediatrics, Boston, MA, United States

rapy is integral in treating pediatric brain tumors. However, is associated with neurobehavioral sequelae, including difficulties with attention/executive skills. Proton beam is better targeting of tumors than XRT, sparing surrounding , radiation-related neurobehavioral deficits should be reduced RT effects. This study examines changes in neurobehavioral functioning in pediatric brain tumor patients treated with PBT at MGH.

**Method:** Since 2004, baseline (BL) neurobehavioral testing has been routinely conducted with brain tumor patients receiving PBT. To date, 56 have received follow-up testing (M = 2.1 years, SD = 1.3). Neurobehavioral functioning was assessed in: 1) IQ; 2) emotional/behavioral functioning; 3) adaptive abilities, and 4) executive functioning. Three standardized parent rating scales were administered: Behavior Assessment System for Children-2, Scales of Independent Behavior-Revised, and Behavior Rating Inventory of Executive Functioning.

**Results:** 30 males (46%) and 26 females (54%) received PBT for treatment of medulloblastoma (50%), craniopharyngioma (16%), ependymoma (13%), and other (21%) tumors. Mean age was 8.2 years (SD = 4.5) at BL. Average radiation dose was 52.7 GyE (SD = 4.1). 71% received chemotherapy. IQ at BL (M = 107.9, SD = 13.9) and follow-up (M = 105.4, SD = 13.2) were average and stable as were adaptive skills (BL M = 106.4, SD = 15.8; follow-up M = 103.6, SD = 13.6). Parent rating scales from both evaluations revealed no difficulty with emotional/behavioral or executive functioning, including depression, anxiety, and inattention. Comparisons between pre- and post- treatment ratings revealed no significant change regardless of histology, age, gender or average radiation dose.

**Conclusion:** At two-year follow-up, IQ and neurobehavioral functioning remained intact and stable in this proton treated cohort. While findings are preliminary, they compare favorably to reports from photon radiation treatment. Data collection is ongoing and will refine these preliminary findings.

**Conclusion:** A considerable proportion provided information. Although the vast majority of survivors told that they were satisfied with the care they received, some regarding late effects, services beyond support should be acknowledged. High quality support should more effectively address issues survivors is evidently unsatisfactory.

O080

### OUTCOME FOR CHILDREN'S (CCLG) PATIENTS TREATED WITH INTERNATIONAL CONSORTIUM

Taylor Roger<sup>1</sup>, Michelle Kwok<sup>2</sup>, Kathryn Robinson<sup>3</sup>, David Wainman<sup>4</sup>

<sup>1</sup>South West Wales Cancer Centre, Swansea, Wales  
<sup>2</sup>St James's Hospital, Radiation Oncology, Leeds, United Kingdom  
<sup>3</sup>University of Leicester, Children's Cancer, United Kingdom  
<sup>4</sup>University of Nottingham, Paediatric Oncology, Nottingham, United Kingdom

**Purpose:** To report EFS and OS for this study and to report impact of RT dose.  
**Method:** Between March 1995 and November 2013 years (median 9.2) were treated with chemotherapy (33) or after observation (23) with midline supratentorial astrocytoma in 85/55/81%.  
**Results:** Median follow-up from start of 11 years. Forty-four (28.6%) relapsed. Five-year EFS and OS from commencement respectively. Three-year EFS and OS were at diagnosis: 81.4% and 93.6% for those after observation then chemotherapy at diagnosis. Patients who had chemotherapy had more than twice the risk of relapse (HR 2.19, p < 0.001, significantly better OS (HR -0.13, p = 0.001) with was grade 2). There was no statistically significant difference between patients receiving the protocol (53.99 Gy, median 50.0 Gy). Improvement was observed in 19/23 patients and no fields observed in 11/12.  
**Conclusion:** RT is an effective treatment. Evidence of a dose response between OS observed when RT was given after chemotherapy based by these having relapsed.

O081

### NEUROBEHAVIORAL FUNCTIONING IN PEDIATRIC PATIENTS AFTER PROTON

Margaret Pulsifer<sup>1</sup>, Irene Delgado<sup>1</sup>, Nancy Tarbell<sup>2</sup>, Karen Kuhlthau<sup>3</sup>, Shannon MacDonald<sup>2</sup>, Torunn Yock<sup>2</sup>

<sup>1</sup>Massachusetts General Hospital, Psychiatry, Boston, MA, United States  
<sup>2</sup>Massachusetts General Hospital, Radiation Oncology, Boston, MA, United States  
<sup>3</sup>Massachusetts General Hospital, Pediatrics, Boston, MA, United States

Siop 2010, Boston

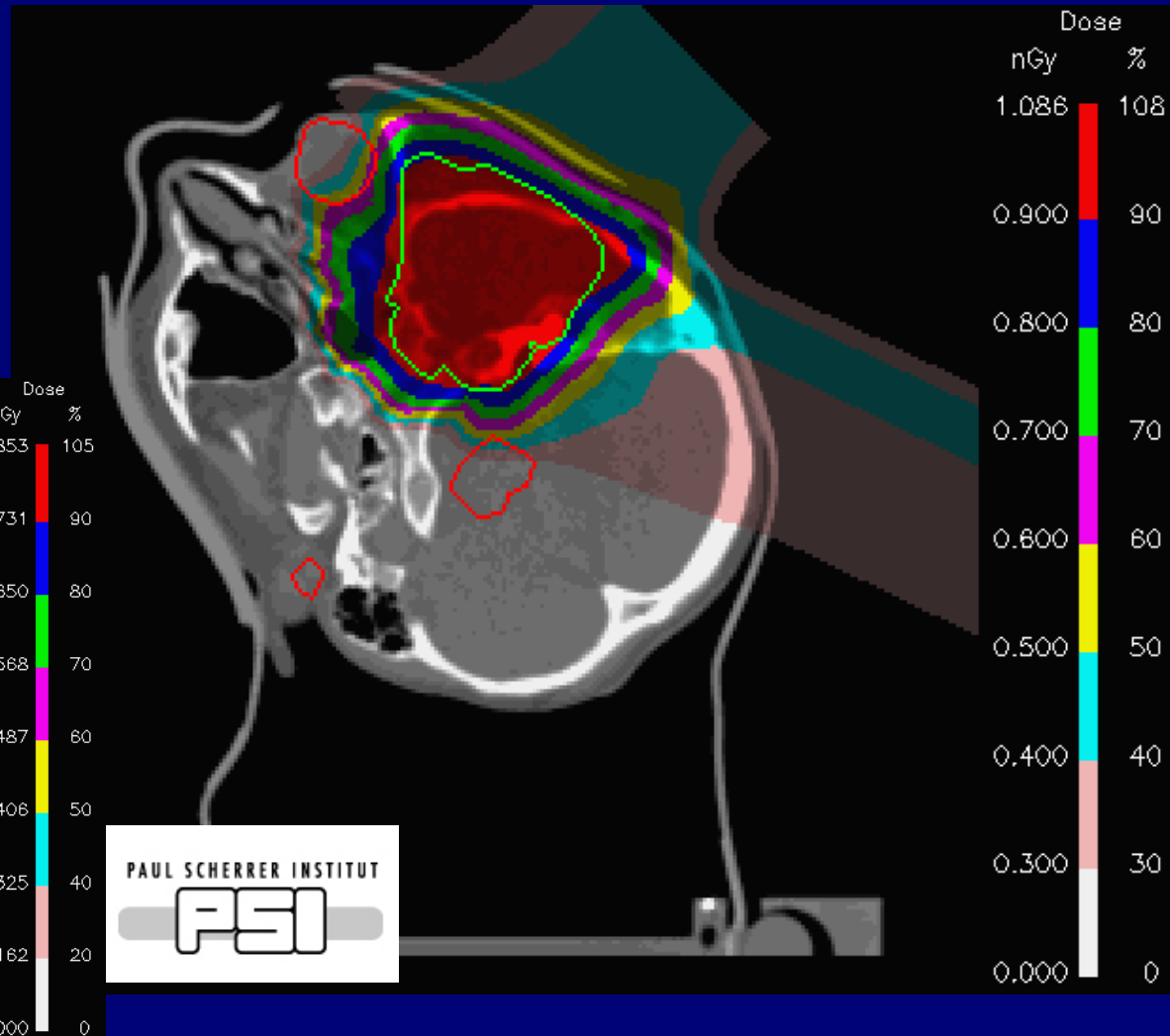
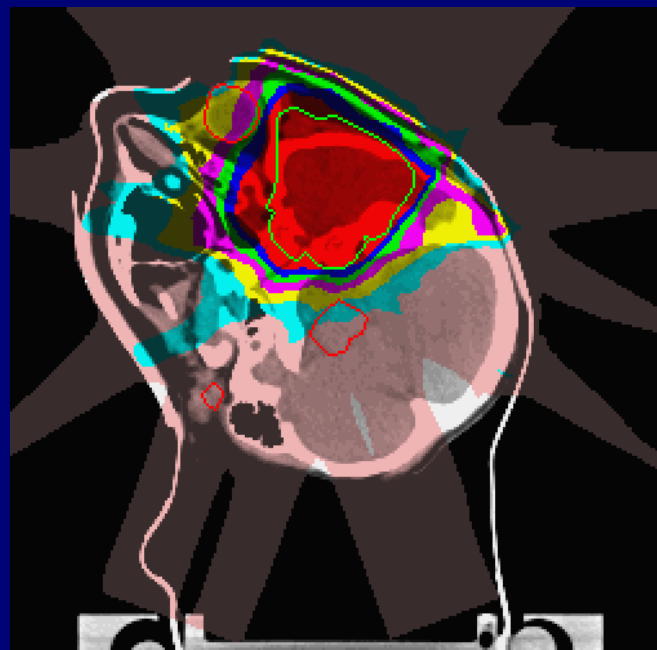
- **“Acute and late side effects to salivary glands and oral mucosa following head/neck radiotherapy in children and adolescents. Results of the “Registry for the evaluation of side effects after radiotherapy in childhood and adolescence” (RiSK).”**

...The radiation techniques (photons (n=105) vs. protons (n=27)) also showed significant differences. **Patients treated with protons had an Odds ratio of 0.12 (0.03-0.45, CI; p=0.002) in view of acute side effects to the salivary glands (lower toxicity)....**



# PT - XRT

Embryonal RMS,  
Boy, 7.5 J.



**E  
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E  
  
?**

# **Dose delivery techniques**

# A Case Study - more than physical features...

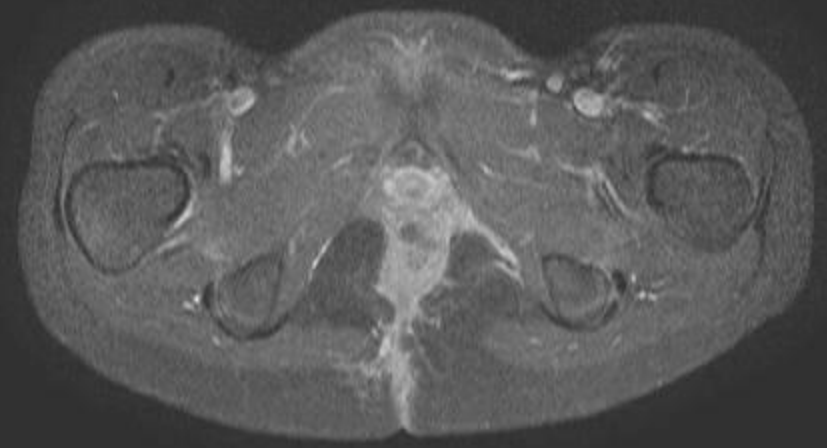
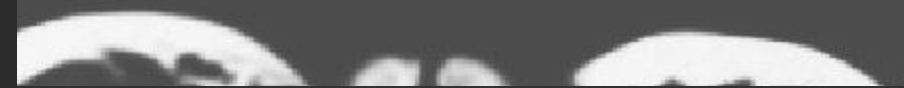
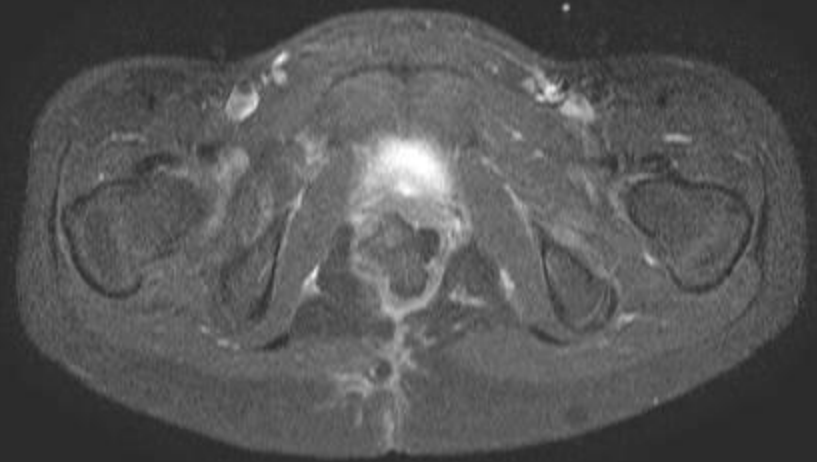
(see review Paper from T. Merchant)

# Pelvic Alveolar RMS

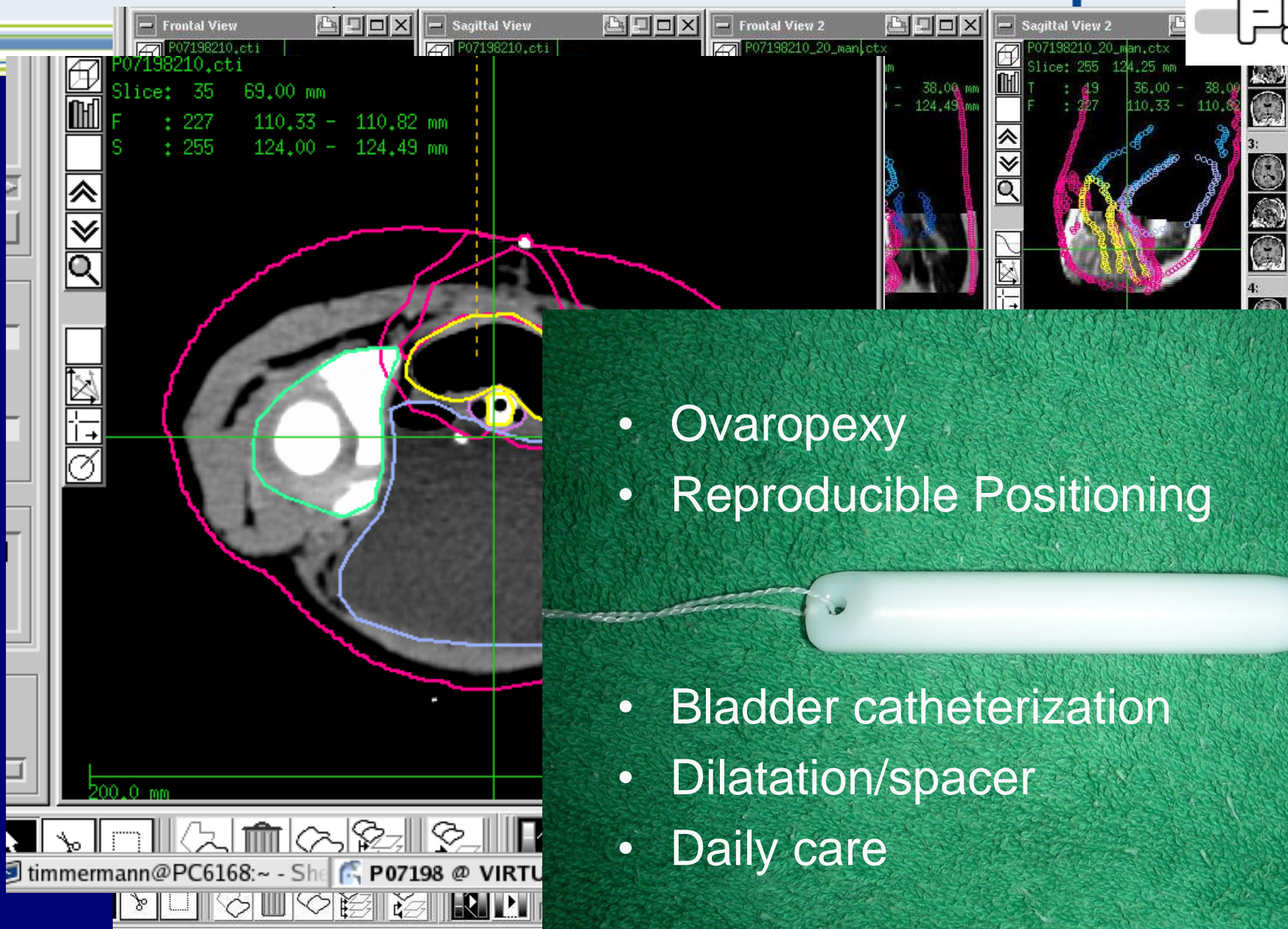
- Patient: DOB 15th Jan. 2002, f
- Diagnose: RMA
- Site: small pelvis
- Therapy: partial resection,  
Chemo according to CWS,  
secondary resection (R1)
- RT-Concept: PT 45 Gy (2007)

2002 F. 5Y  
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3 PM  
1A.9 / 15

DR. LOVELAND

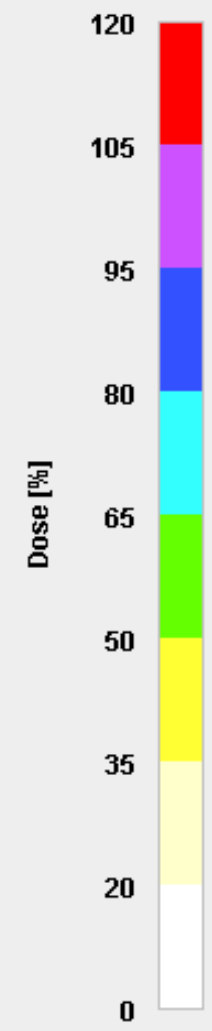
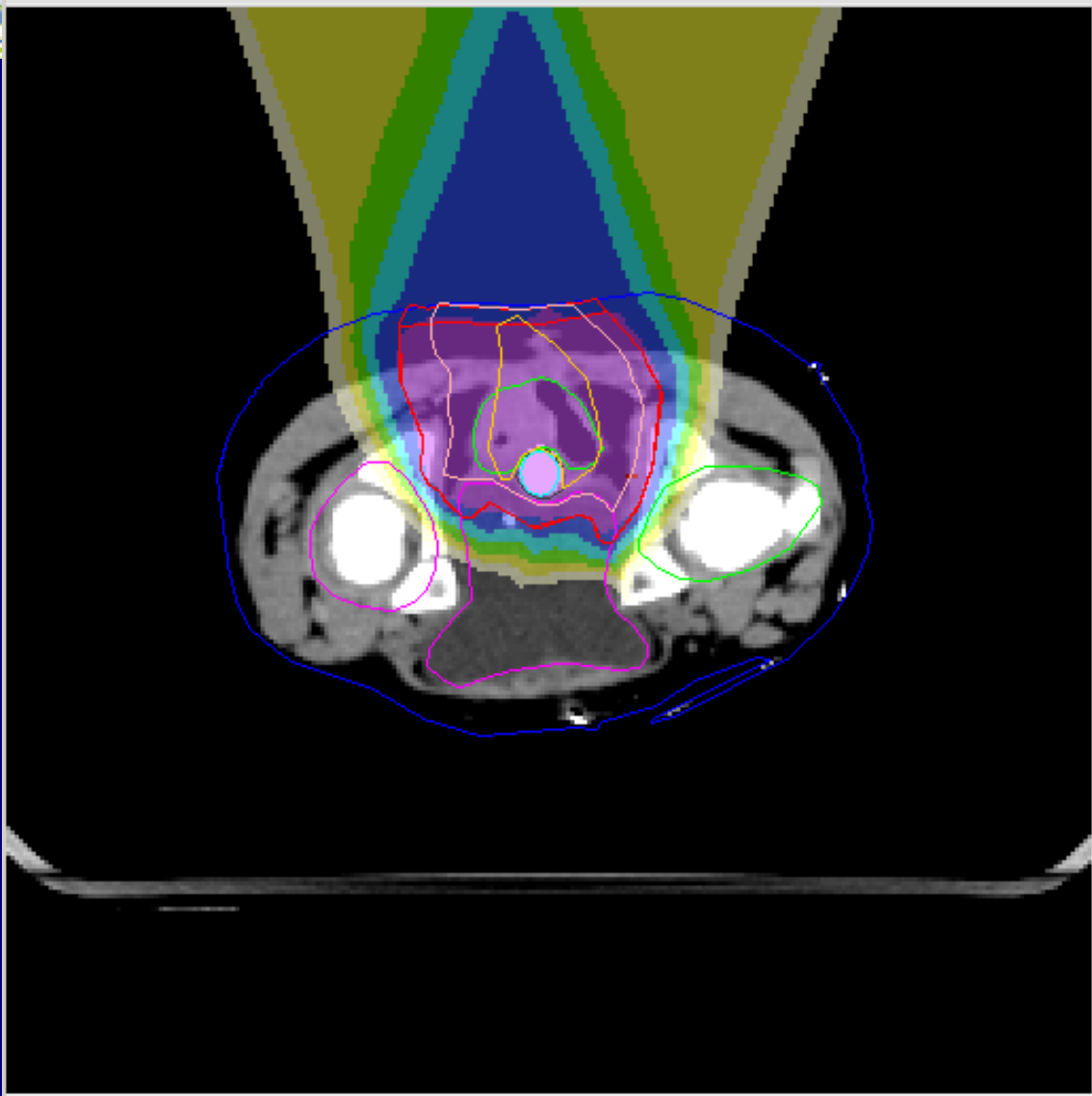


(mirror inverted)



Patient: P07198

File View Options



P07198

Navigation controls: back, left, right, forward buttons. Slice#

max Dose   
cursor Dose

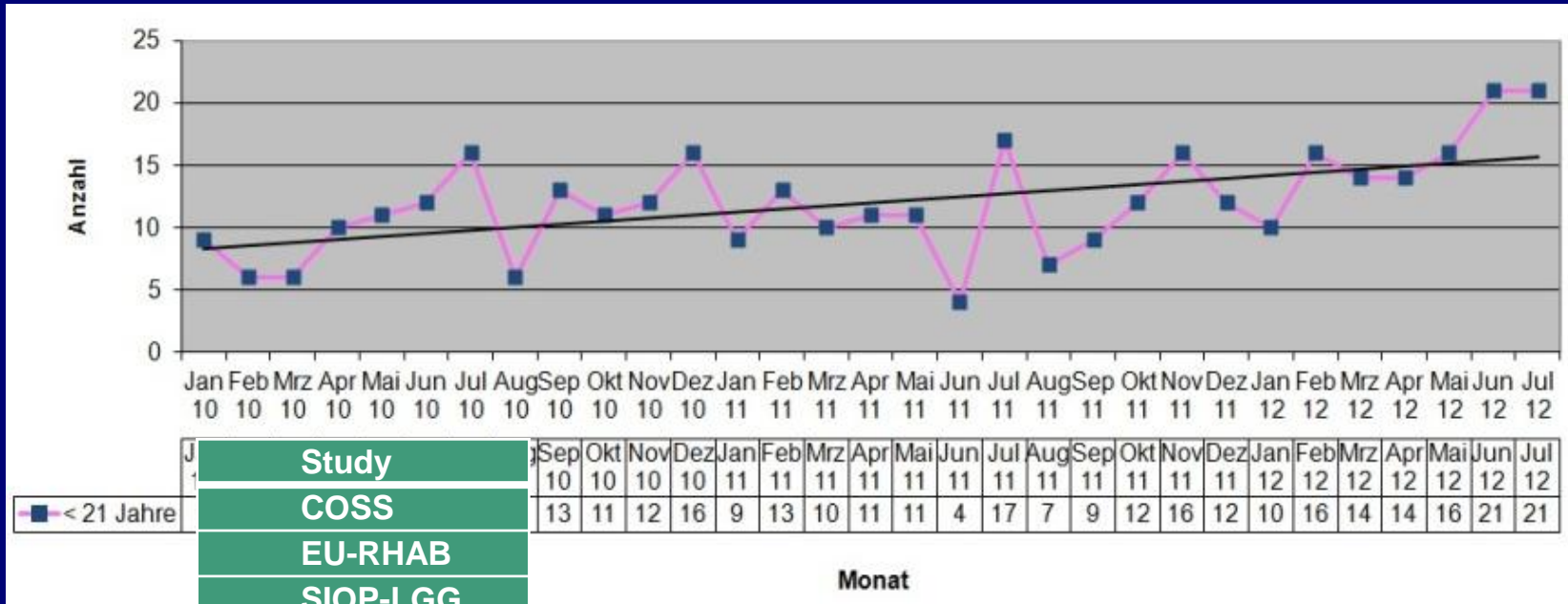
- To be improved („Physics science“ field)
- In US/GE according to COG and GPOH studies
- Increasingly centers **situated in hospitals** (Essen, Heidelberg etc.)
- Increasingly **including multidisciplinary care** incl. Anaesthesia etc.



# The Demand



- Advisory Center for PT of the GPOH; supported by
  - > 300 inquiries/a



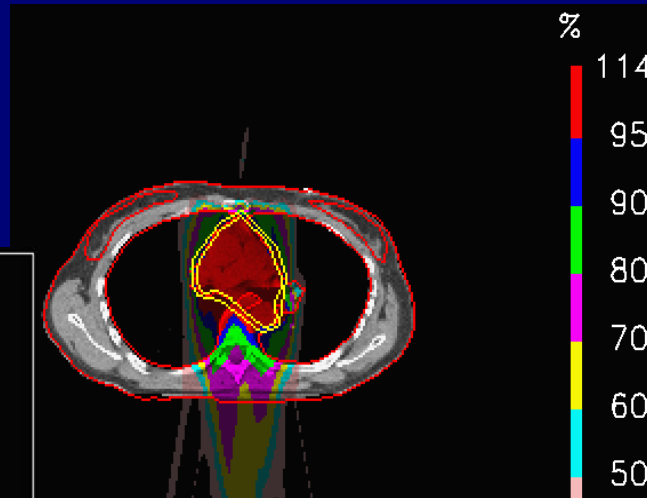
-> see our poster

Study
COSS
EU-RHAB
SIOP-LGG
HIT 2000
EWING
CWS
Kranio 2007
MAKEI
96,GCT
HIT-Rez 2007

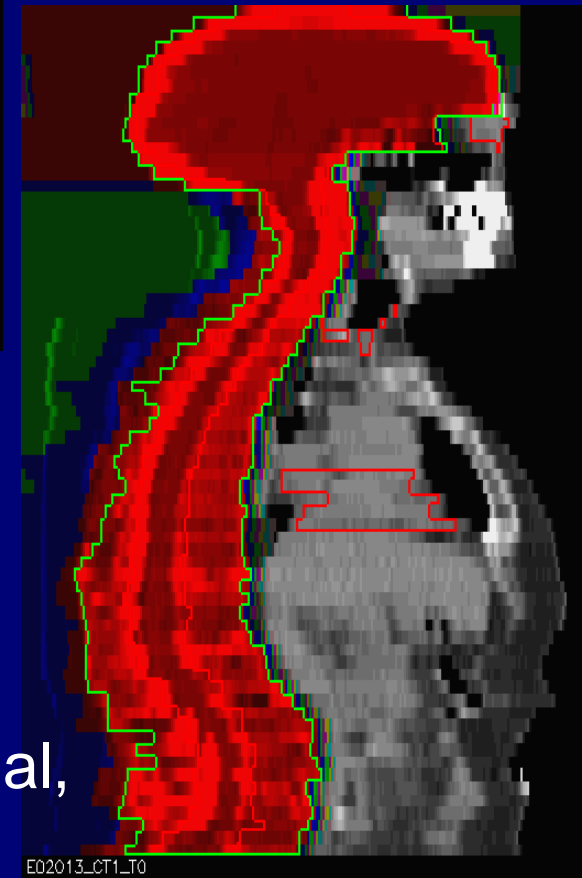
Advice requested by	No
Study board	43
Hospital	37
Patient/Family	27
Proton Center	5

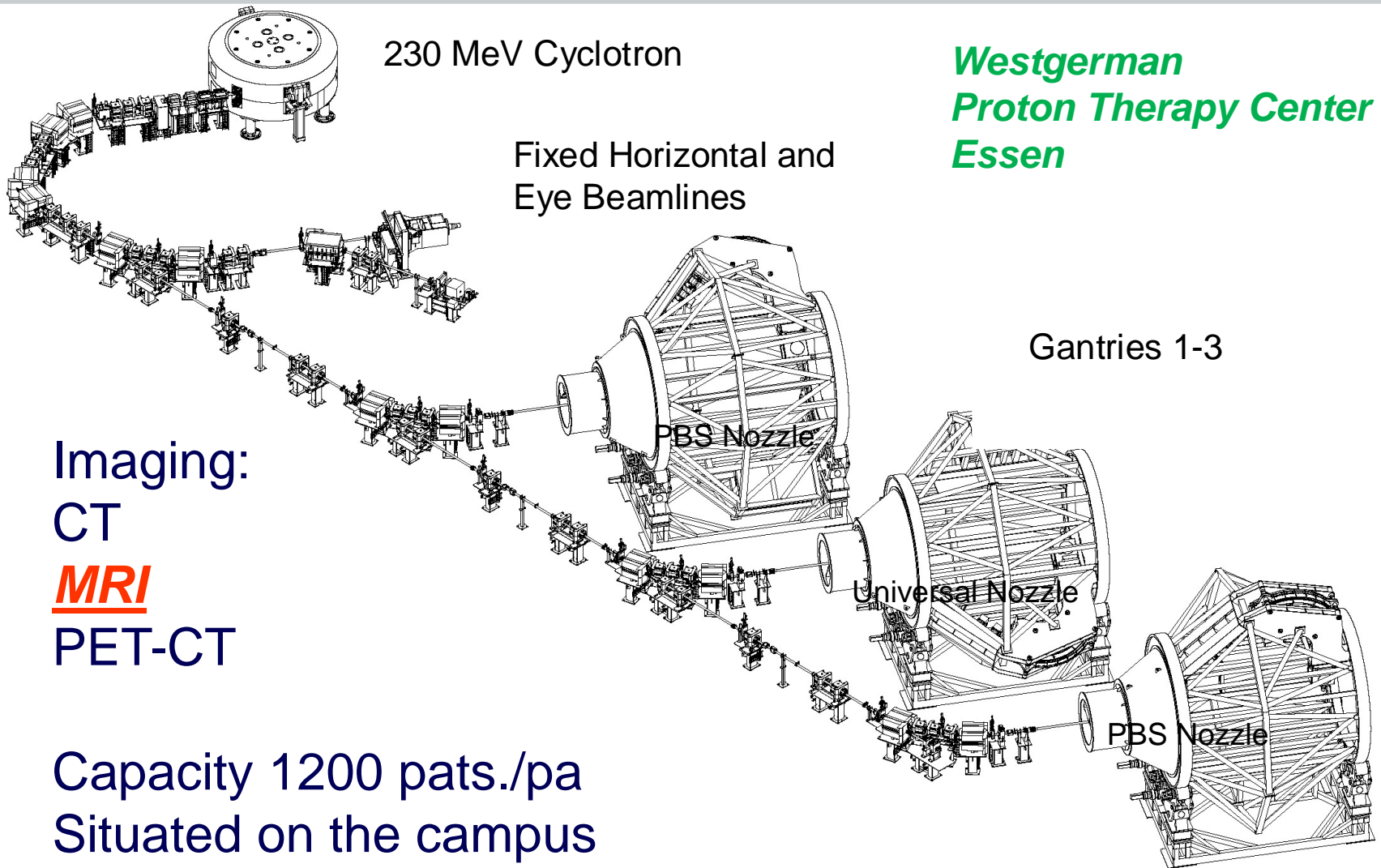
# Vision – Overcoming technical hurdles

- Moving targets

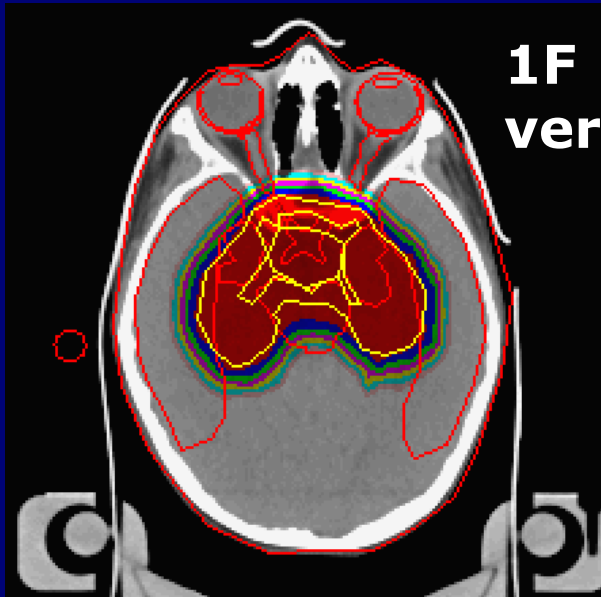


- PBS for complex cases

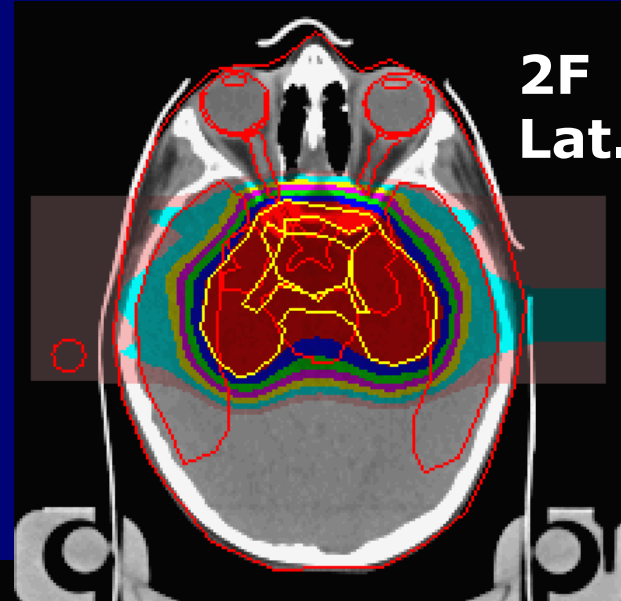




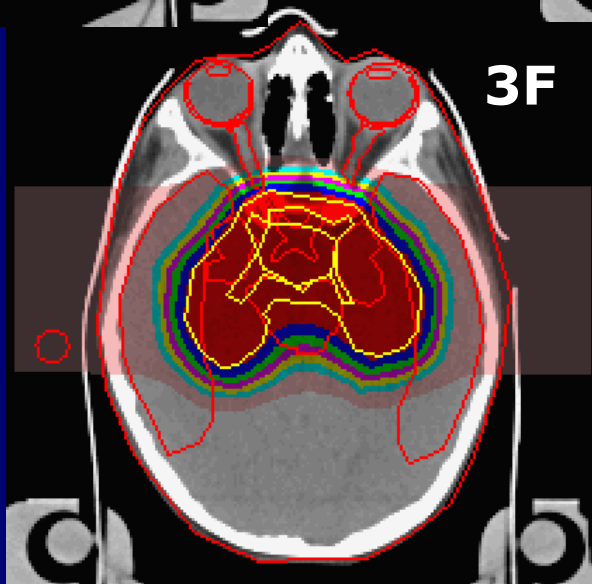
# The best option is...?



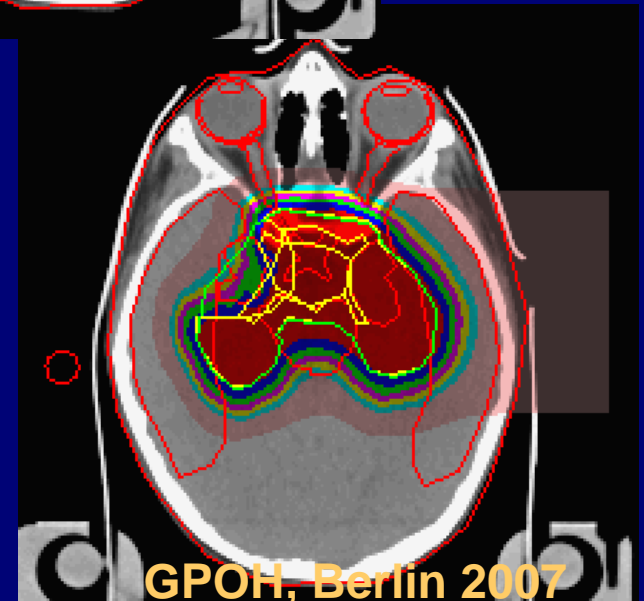
**1F**  
**vertex**



**2F**  
**Lat.**



**3F**



**GPOH, Berlin 2007**

- PT is providing **excellent conformal dose coverage** and sparing of OARs (-> IMRT)
- PT is **reducing the irradiated volume** (low- and medium dose level) and the risk for secondary cancer
- **Inside the target volume all techniques carry the same risk of treatment sequelae!**
- **Results of PT are promising**
- **no higher level evidence** in paed. (no randomization foreseen; rare diseases, ethical concerns...)
- Still **technical restrictions** to overcome

- **PT will play a major role** in pediatric oncology if available on a broader base!
- The **younger** the patient the more benefit from protons to be expected!  
( ...and the **larger the volume** is)
- In US and also increasingly in Germany, PT is implemented in the **treatment protocols->**
- Integration in **multidisciplinary framework** and **prospective evaluation** is essential!
- **Technical improvements** ongoing



**+TEAM**

**Thank You**

**Referring Centers**



**GPOH**

*Parents & Patients*